

JCTR BASIC NEEDS AND NUTRITION BASKET

Kitwe

May 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	122.20 25 kg bag	2 x 25Kg	244.40
Rice	112.44 5kg	4kg	89.95
Cassava Flour	19.85 1kg	6kg	119.11
(Sweet) Potatoes	8.98 1 Kg	4 Kg	35.91
Beans	30.15 1kg	3kg	90.46
Pounded Groundnut	44.28 1kg	1kg	44.28
Soya Pieces	57.09 1 kg	2kg	114.18
Beef	53.00 1kg	2kg	106.00
Chicken	106.00 2kg	5kg	265.00
Kapenta	153.22 1kg	1kg	153.22
Eggs	20.33 1 unit (10 eggs)	3 Trays (90 eggs)	182.99
Milk (Fresh)	13.88 500 ml	10 liters	277.50
Vegetables	632.31 40 Kg	40kg	632.31
Onion	67.45 1 Kg	4 Kg	269.82
Tomatoes	18.57 1 kg	6 kg	111.44
Banana	14.75 1 Kg	16 Kg	236.06
Other Fruits	14.36 1 kg	14 Kg	201.02
Cooking oil (2.5lts)	138.20 2.5lt	3.6lt	199.01
Salt	12.60 1 Kg	1 Kg	12.60
Tea	22.75 250g	250g	22.75
SubTotal			ZMW 3,408.00

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	264.67 90kg bag(s)	2 90kg bag(s)	529.33
Soap (Lifebuoy/Champion)	12.70 Tablet(s)	3 Tablet(s)	38.09
Wash soap (BOOM)	14.50 400g	4 400g	57.99
Jelly (Vaseline)	34.30 500ml	1 500ml	34.30
Electricity (medium density)	323.20 Month(s)	1 Month(s)	323.20
Water & Sanitation (med - fixed)	239.76 Month(s)	1 Month(s)	239.76
Housing (3 bedroom)	2,428.00 Month(s)	1 Month(s)	2,428.00
Sanitary towels	14.90 Pack of 10	2 Pack of 10	29.80
Toilet Paper (2ply)	8.40 Tissue(s)	6 Tissue(s)	50.39
Lotion (Dawn)	27.50 400ml	1 400ml	27.50
Subtotal			ZMW 3,758.36

Total for Basic Needs and Nutrition Basket

ZMW 7,166.36

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 10-12 (User + PTA/year)	200.00	Chamboli-Town	14.00
School Uniform	200.00	Chimwemwe-Town	14.00

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).
Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th May, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Chamboli Market, Nakadoli Market, Chimwemwe Market, Chisokone Market and Town Centre Shoprite. The May Basic Needs Basket is approximately US\$324 based upon the exchange rate Of K22.51 Other costs would include personal care, clothing, recreation, etc.

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2021-05-31

Kitwe May 2021 Basic Nutrition and Needs Basket Report

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