

JCTR BASIC NEEDS AND NUTRITION BASKET

Mazabuka

March 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	128.66 25 kg bag	2 x 25Kg	257.33
Rice	166.54 5kg	4kg	133.23
(Sweet) Potatoes	1.51 1 Kg	4 Kg	6.05
Beans	7.02 1kg	3kg	21.06
Pounded Groundnut	81.21 1kg	1kg	81.21
Soya Pieces	40.11 1 kg	2kg	80.21
Beef	80.00 1kg	2kg	160.00
Chicken	71.67 2kg	5kg	179.17
Kapenta	239.42 1kg	1kg	239.42
Eggs	15.00 1 unit (10 eggs)	3 Trays (90 eggs)	135.00
Milk (Fresh)	14.33 500 ml	10 liters	286.67
Vegetables	731.17 40 Kg	40kg	731.17
Onion	28.65 1 Kg	4 Kg	114.61
Tomatoes	5.56 1 kg	6 kg	33.36
Banana	14.24 1 Kg	16 Kg	227.88
Other Fruits	16.91 1 kg	14 Kg	236.79
Cooking oil (2.5lts)	95.83 2.5lt	3.6lt	138.00
Salt	11.00 1 Kg	1 Kg	11.00
Tea	35.33 250g	250g	35.33
SubTotal			ZMW 3,107.49

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	168.00 90kg bag(s)	2 90kg bag(s)	336.00
Soap (Lifebuoy/Champion)	10.67 Tablet(s)	3 Tablet(s)	32.00
Wash soap (BOOM)	14.67 400g	4 400g	58.67
Electricity (medium density)	312.50 Month(s)	1 Month(s)	312.50
Water & Sanitation (med - fixed)	150.00 Month(s)	1 Month(s)	150.00
Housing (3 bedroom)	1,840.00 Month(s)	1 Month(s)	1,840.00
Sanitary towels	23.67 Pack of 10	2 Pack of 10	47.33
Toilet Paper (2ply)	5.67 Tissue(s)	6 Tissue(s)	34.00
Lotion (Dawn)	35.67 400ml	1 400ml	35.67
Subtotal			ZMW 2,846.17
Total for Basic Needs and Nutrition Basket			ZMW 5,953.66

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	67.50	Town to Kabobola	20.00
Grades 8-9 (User + PTA/year)	425.00	Town to Nakambala	20.00
School Uniform	157.00		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Compositions of vegetables and fruits

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,644.50	4,276.64	4,960.43	4,944.42	6,367.38	6,660.49	4,933.42	5,095.28	4,759.55	5,774.22	6,675.64	7,033.75	6,289.23	5,499.50	5,336.28	5,953.66

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th March, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Nakambala Market, Kabobola Market, Town Market and Schools, clinics/hospitals, and filling stations around Mazabuka. The March Basic Needs Basket is approximately US\$270 based upon the exchange rate Of K22.04. Other costs would include personal care, clothing, recreation, etc.

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2021-03-30

Mazabuka March 2021 Basic Needs and Nutrition Basket Report

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