

JCTR BASIC NEEDS AND NUTRITION BASKET

Solwezi

November 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	90.50 25 kg bag	2 x 25Kg	181.00
Rice	220.99 5kg	4kg	176.79
Cassava Flour	24.49 1kg	6kg	146.92
(Sweet) Potatoes	7.08 1 Kg	4 Kg	28.33
Beans	11.89 1kg	3kg	35.67
Pounded Groundnut	14.05 1kg	1kg	14.05
Soya Pieces	24.52 1 kg	2kg	49.03
Beef	45.32 1kg	2kg	90.64
Chicken	107.00 2kg	5kg	267.50
Kapenta	97.87 1kg	1kg	97.87
Eggs	15.70 1 unit (10 eggs)	3 Trays (90 eggs)	141.29
Milk (Fresh)	13.00 500 ml	10 liters	260.02
Vegetables	494.71 40 Kg	40kg	494.71
Onion	11.09 1 Kg	4 Kg	44.35
Tomatoes	9.32 1 kg	6 kg	55.89
Banana	14.06 1 Kg	16 Kg	224.98
Other Fruits	8.63 1 kg	14 Kg	120.76
Cooking oil (2.5lts)	103.50 2.5lt	3.6lt	149.04
Salt	21.98 1 Kg	1 Kg	21.98
Tea	13.00 250g	250g	13.00
SubTotal			ZMW 2,613.80

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	199.80 90kg bag(s)	2 90kg bag(s)	399.60
Soap (Lifebuoy/Champion)	14.79 Tablet(s)	3 Tablet(s)	44.36
Wash soap (BOOM)	25.50 400g	4 400g	101.99
Jelly (Vaseline)	41.80 500ml	1 500ml	41.80
Electricity (medium density)	400.00 Month(s)	1 Month(s)	400.00
Water & Sanitation (med - fixed)	154.00 Month(s)	1 Month(s)	154.00
Housing (3 bedroom)	2,284.00 Month(s)	1 Month(s)	2,284.00
Sanitary towels	15.00 Tablet(s)	3 Tablet(s)	45.00
Sanitary towels	33.83 Pack of 10	2 Pack of 10	67.66
Toilet Paper (2ply)	3.83 Tissue(s)	6 Tissue(s)	23.00
Lotion (Dawn)	34.60 400ml	1 400ml	34.60
Lotion (Dawn)	40.00 500ml	1 500ml	40.00
Subtotal			ZMW 3,636.02

Total for Basic Needs and Nutrition Basket

ZMW 6,249.81

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	52.00	Chawama-Town	10.00
Grades 8-9 (User + PTA/year)	600.00	Mitec-Town	10.00
Grades 10-12 (User + PTA/year)	600.00		
School Uniform	232.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)

Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,145.28	3,984.31	4,877.51	4,392.62	6,788.68	6,249.81	4,944.36	6,006.11	5,299.96	5,863.41	6,617.94	6,759.03	5,222.17	5,716.47	4,295.41	6,440.03

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The November Basic Needs Basket is approximately US\$370.96 based upon the exchange rate Of K17.18. Other costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2021-11-30

Solwezi November 2021 Basic Needs and Nutrition Basket Report

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