

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

November 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	101.50 25 kg bag	2 x 25Kg	203.00
Rice	160.42 5kg	4kg	128.33
(Sweet) Potatoes	11.30 1 Kg	4 Kg	45.21
Beans	35.76 1kg	3kg	107.28
Pounded Groundnut	34.46 1kg	1kg	34.46
Soya Pieces	52.40 1 kg	2kg	104.80
Beef	58.75 1kg	2kg	117.50
Chicken	91.25 2kg	5kg	228.13
Kapenta	151.84 1kg	1kg	151.84
Eggs	19.58 1 unit (10 eggs)	3 Trays (90 eggs)	176.25
Milk (Fresh)	14.50 500 ml	10 liters	290.00
Vegetables	237.60 40 Kg	40kg	237.60
Onion	12.49 1 Kg	4 Kg	49.97
Tomatoes	8.40 1 kg	6 kg	50.39
Banana	12.92 1 Kg	16 Kg	206.71
Other Fruits	34.80 1 kg	14 Kg	487.19
Cooking oil (2.5lts)	123.75 2.5lt	3.6lt	178.20
Salt	9.75 1 Kg	1 Kg	9.75
Tea	25.50 250g	250g	25.50
SubTotal			ZMW 2,832.11

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	120.00 90kg bag(s)	2 90kg bag(s)	240.00
Soap (Lifebuoy/Champion)	15.25 Tablet(s)	3 Tablet(s)	45.75
Wash soap (BOOM)	17.75 400g	4 400g	71.00
Jelly (Vaseline)	26.50 500ml	1 500ml	26.50
Electricity (medium density)	100.00 Month(s)	1 Month(s)	100.00
Water & Sanitation (med - fixed)	214.00 Month(s)	1 Month(s)	214.00
Housing (3 bedroom)	1,300.00 Month(s)	1 Month(s)	1,300.00
Sanitary towels	20.00 Pack of 10	2 Pack of 10	40.00
Toilet Paper (2ply)	7.00 Tissue(s)	6 Tissue(s)	42.00
Lotion (Dawn)	33.00 400ml	1 400ml	33.00
Subtotal			ZMW 2,112.25

Total for Basic Needs and Nutrition Basket

ZMW 4,944.36

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	157.50	Manungu	35.00
Grades 8-9 (User + PTA/year)	225.00		
Grades 10-12 (User + PTA/year)	250.00		

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,145.28	3,984.31	4,877.51	4,392.62	6,788.68	6,595.68	4,944.36	6,006.11	5,299.96	5,863.41	6,617.94	6,759.03	5,222.17	5,716.47	4,295.41	6,440.03

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Main Market, Town centre, Manungu Market, and Site and Service Market. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Monze. The November Basic Needs Basket is approximately US\$278.09 based upon the exchange rate Of K17.78 Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Advocacy on Living Conditions

2021-11-30

Monze November 2021 Basic Needs and Nutrition Basket Report

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