JCTR BASIC NEEDS AND NUTRITION BASKET

Mazabuka

November 2021

| Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS ducation Transport (bus fare round Item Amount (ZMW) Item Amount (ZMW) Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. | Commodity | Price (ZMW) / | 'Unit | Quantity / Month | Total (ZMW) |
|--|----------------------------------|---------------|------------|------------------------|---------------|
| Cassava Flour | Mealie Meal (Roller) | 96.60 25 | kg bag | 2 x 25Kg | 193.20 |
| Secret Potatoes 6.29 1 kg | Rice | 75.40 5k | g | 4kg | 60.32 |
| Reans | Cassava Flour | 50.65 1k | g | 6kg | 303.91 |
| Parameter 17.84 Mg | (Sweet) Potatoes | 6.29 11 | Kg | 4 Kg | 25.17 |
| Soya Pieces | Beans | 26.80 1k | g | 3kg | 80.41 |
| Peeer | Pounded Groundnut | 77.84 1k | g | 1kg | 77.84 |
| Chicken | Soya Pieces | 53.95 11 | kg | 2kg | 107.89 |
| Repert R | | | • | _ | |
| 16.13 1 unit (10 eggs) 3 Trays (90 eggs) 145.19 | Chicken | | - | - | |
| Milk (Fresh) 13.75 500 ml 10 liters 274,95 Vegetables 672.18 40 kg 40 kg 672.18 10 kg 40 kg 672.18 114.12 10 kg 40 kg 672.18 114.12 10 kg 40 kg 672.18 114.12 10 kg 14 kg 114.12 10 kg 50 kg 54.91 114.12 11 kg 4 kg 54 kg 54.91 114.12 11 kg 16 kg 337.72 10 ther Fruits 7.73 1 kg 14 kg 10 kg 337.72 10 ther Fruits 7.73 1 kg 14 kg 10 kg 337.72 10 ther Fruits 7.73 1 kg 14 kg 10 kg 10 kg 20 cooking oil (2.5 ths) 115.24 2.5 th 3.6 th 16.5 44 kg 13.79 1 kg 14 kg 13.390 1 kg 13 kg | Kapenta | | • | _ | |
| Vegetables 672.18 40 kg 40 kg 672.18 Onion 28.53 1 kg 4 kg 114.12 Tomatoes 9.15 1 kg 6 kg 54.91 Banana 21.11 1 kg 16 kg 337.72 Other Fruits 7.73 1 kg 14 kg 108.20 Cooking oil (2.5its) 115.24 2.5it 3.6it 165.94 Salt 13.79 1 kg 1 kg 13.79 Tea 49.00 250g 250g 49.00 WIDTOtal TOMAN ASON 250g 250g 49.00 BI COST OF ESSENTIAL NON-FOOD ITEMS ZMW 3,390. 250g 49.00 2MW 3,390. BI COST OF ESSENTIAL NON-FOOD ITEMS Vanity John Month Ason Ason Ason Ason Ason Ason Ason Ason | | | | | |
| Onion 28.53 1 Kg 4 Kg 114.12 Tomatoes 9.15 1 kg 6 kg 54.91 Banana 21.11 1 Kg 16 Kg 337.72 Cooking oil (2.5tts) 7.73 1 kg 14 Kg 106.54 Salt 13.79 1 Kg 1 Kg 1.379 Tea 49.00 250g 250g 49.00 ubTotal 2.80 250g 250g 49.00 bi COST OF ESSENTIAL NON-FOOD ITEMS 2.00 90kg bag(s) 2.90kg bag(s) 456.00 Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW) Charcoal 228.00 90kg bag(s) 2.90kg bag(s) 456.00 Soap (Lifebuoy/Champion) 13.80 Tablet(s) 3 Tablet(s) 41.39 Wash soal (BOOM) 16.60 400g 4 400g 66.38 Jelly (Vaseline) 66.18 500ml 1 500ml 66.18 Electricity (medium density) 312.50 Month(s) 1 Month(s) 132.50 </td <td></td> <td></td> <td></td> <td></td> <td></td> | | | | | |
| Tomatoes 9.15 1 kg 6 kg 337.72 Banana 21.11 1 kg 16 kg 337.72 Other Fruits 7.73 1 kg 14 kg 16 kg 337.72 Other Fruits 7.73 1 kg 14 kg 16 kg 337.72 Cooking oil (2.5its) 115.24 2.5it 3.6it 165.94 Salt 13.79 1 kg 1 kg 1 kg 12.79 Tea 49.00 250g 250g 49.00 SubTotal 70 | • | | · · | - | |
| Banana | | | - | - | |
| Other Fruits 7.73 1 kg 14 kg 14 kg 165.94 Cooking oil (2.5lts) 115.24 2.5lt 3.6lt 165.94 Salt 13.79 1 kg 1 kg 13.79 Trea 49.00 250g 250g 250g WabTotal ZMW 3,390. 2MW 3,390. 2MW 3,390. BLOST OF ESSENTIAL NON-FOOD ITEMS Vult Quantity / Month Total (ZMW) Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW) Charcoal 228.00 90kg bag(s) 2 90kg bag(s) 456.00 Soap (Lifebuoy/Champion) 13.80 Tablet(s) 3 Tablet(s) 41.39 Wash soap (BOOM) 16.60 400g 4 400g 66.38 Jelly (vaseline) 66.18 500ml 1 500ml 66.18 Jelly (vaseline) 66.18 500ml 1 500ml 66.18 Jeletcricity (medium density) 312.50 Month(s) 1 Month(s) 150.00 Water & Sanitation (med - fixed) 1840.00 1 Mo | | | • | _ | |
| Cooking oil (2.5its) 115.24 2.5it 3.6it 165.94 18.79 18.79 18.79 18.79 18.79 19.70 19.7 | | | - | - | |
| Salt 13.79 1 kg 1 kg 1 kg 13.79 1 kg 1 3.79 1 kg 1 3.79 49.00 2 50 g 250 g 49.00 2 50 kg 49.00 2 50 kg 2 50 kg 49.00 2 50 kg 2 50 kg 2 50 kg 3 3 kg 3 50 kg </td <td></td> <td></td> <td>_</td> <td>-</td> <td></td> | | | _ | - | |
| Tea 49.00 250g 250g 250g 49.00 abTotal 2MW 3,390. ### 200 | | | | | |
| March Marc | | | | _ | |
| COST OF ESSENTIAL NON-FOOD ITEMS Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW) | | 49.00 25 | oug | 250g | |
| Commodity Price(ZMW) / Unit Quantity / Month Total (ZMW) Charcoal 228.00 90kg bag(s) 2 90kg bag(s) 456.00 Soap (Lifebuoy/Champion) 13.80 Tablet(s) 3 Tablet(s) 41.39 Wash soap (BOOM) 16.60 400g 4 400g 66.38 Jelly (Vaseline) 66.18 500ml 1 500ml 66.18 Jelly (Vaseline) 150.00 Month(s) 1 Month(s) 312.50 Water & Sanitation (med - fixed) 150.00 Month(s) 1 Month(s) 150.00 Housing (3 bedroom) 1,840.00 Month(s) 1 Month(s) 1,840.00 Sanitary towels 23.75 Pack of 10 2 Pack of 10 47.50 Total for Basic Needs and Nutrition Basket 2.0 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 2MW 3,049. Total for Basic Needs and Nutrition Basket 2.0 2.0 2.0 2.0 Cy SOME OTHER ADDITIONAL COSTS 425.00 | | DD ITEMS | | | ZIVIVV 3,370. |
| Soap (Lifebuoy/Champion) 13.80 Tablet(s) 3 Tablet(s) 41.39 | Commodity | Price(ZMW) / | Unit | Quantity / Month | Total (ZMW) |
| Wash soap (BOOM) 16.60 400g 4 400g 66.38 Jelly (Vaseline) 66.18 500ml 1 500ml 66.18 Electricity (medium density) 312.50 Month(s) 1 Month(s) 312.50 Water & Sanitation (med - fixed) 150.00 Month(s) 1 Month(s) 150.00 Housing (3 bedroom) 1,840.00 Month(s) 1 Month(s) 1,840.00 Sanitary towels 23.75 Pack of 10 2 Pack of 10 47.50 Toilet Paper (2ply) 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 Subtotal ZMW 3,049. Total for Basic Needs and Nutrition Basket ZMW 6,440.00 C) SOME OTHER ADDITIONAL COSTS ducation Transport (bus fare round Item Amount (ZMW) Item Amount (ZMW) Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. Grades 8-9 (User + PTA/year) 350.00 School Uniform 157.50 Fuel (cost at the pump) | Charcoal | 228.00 90 | Okg bag(s) | 2 90kg bag(s) | 456.00 |
| Delly (Vaseline) 66.18 500ml 1 500ml 66.18 | Soap (Lifebuoy/Champion) | 13.80 Ta | ablet(s) | 3 Tablet(s) | 41.39 |
| Electricity (medium density) 312.50 Month(s) 1 Month(s) 312.50 Water & Sanitation (med - fixed) 150.00 Month(s) 1 Month(s) 150.00 Housing (3 bedroom) 1,840.00 Month(s) 1 Month(s) 1,840.00 Sanitary towels 23.75 Pack of 10 2 Pack of 10 47.50 Toilet Paper (2ply) 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 Subtotal ZMW 3,049. Total for Basic Needs and Nutrition Basket ZMW 6,440.00 Some OTHER ADDITIONAL COSTS ducation Item Amount (ZMW) Item Amount (ZMW) Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Fuel (cost at the pump) | Wash soap (BOOM) | 16.60 40 | 00g | 4 400g | 66.38 |
| Marter & Sanitation (med - fixed) 150.00 Month(s) 1 Month(s) 150.00 Mousing (3 bedroom) 1,840.00 Month(s) 1 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1,840.00 Month(s) 1 Month(s) 1,840.00 | Jelly (Vaseline) | 66.18 50 | 00ml | 1 500ml | 66.18 |
| Housing (3 bedroom) 1,840.00 Month(s) 1 Month(s) 1,840.00 Sanitary towels 23.75 Pack of 10 2 Pack of 10 47.50 Toilet Paper (2ply) 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 Subtotal ZMW 3,049. Total for Basic Needs and Nutrition Basket ZMW 6,440.00 Subtotal ZMW 6,440.00 Subtot | Electricity (medium density) | 312.50 M | 1onth(s) | 1 Month(s) | 312.50 |
| Sanitary towels 23.75 Pack of 10 2 Pack of 10 47.50 Toilet Paper (2ply) 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 Subtotal ZMW 3,049. Total for Basic Needs and Nutrition Basket ZMW 6,440.6 C) SOME OTHER ADDITIONAL COSTS | Water & Sanitation (med - fixed) | 150.00 M | 1onth(s) | 1 Month(s) | 150.00 |
| Toilet Paper (2ply) 5.60 Tissue(s) 6 Tissue(s) 33.58 Lotion (Dawn) 35.60 400ml 1 400ml 35.60 ZMW 3,049. ZMW 3,049. Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS ducation Transport (bus fare round Item Amount (ZMW) Item Amount (ZMW) Grades 1-7 (User + PTA/year) Grades 8-9 (User + PTA/year) Grades 8-9 (User + PTA/year) 350.00 School Uniform 157.50 Fuel (cost at the pump) | Housing (3 bedroom) | 1,840.00 M | 1onth(s) | 1 Month(s) | 1,840.00 |
| Lotion (Dawn) 35.60 400ml 1 400ml 35.60 ZMW 3,049. ZMW 3,049. ZMW 6,440. ZMW 6,40. | Sanitary towels | 23.75 Pa | ack of 10 | 2 Pack of 10 | 47.50 |
| Subtotal Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS ducation Item Amount (ZMW) Grades 1-7 (User + PTA/year) Grades 8-9 (User + PTA/year) Grades 8-9 (User + PTA/year) Grades 10-12 (User + PTA/year) School Uniform Transport (bus fare round Item Amount (ZMW) Town to Kabobola 20. Town to Nakambala 20. Fuel (cost at the pump) | Toilet Paper (2ply) | 5.60 Ti | issue(s) | 6 Tissue(s) | 33.58 |
| Total for Basic Needs and Nutrition Basket C) SOME OTHER ADDITIONAL COSTS ducation Item Amount (ZMW) Grades 1-7 (User + PTA/year) Grades 8-9 (User + PTA/year) Grades 10-12 (User + PTA/year) School Uniform Transport (bus fare round Item Amount (ZMW) Town to Kabobola 20. Town to Nakambala 20. Fuel (cost at the pump) | Lotion (Dawn) | 35.60 40 | 00ml | 1 400ml | 35.60 |
| C) SOME OTHER ADDITIONAL COSTS ducation Transport (bus fare round Item Amount (ZMW) Item Amount (ZMV) Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Fuel (cost at the pump) | Subtotal | | | | ZMW 3,049.1 |
| ducation Item Amount (ZMW) Item Amount (ZMW) Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Fuel (cost at the pump) | | | | | ZMW 6,440.0 |
| Grades 1-7 (User + PTA/year) 67.50 Town to Kabobola 20. Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Jealth Fuel (cost at the pump) Fuel (cost at the pump) | | | Tra | nsport (bus fare round | |
| Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Health Fuel (cost at the pump) | Item | Amount (ZM | IW) Ite | em | Amount (ZMV |
| Grades 8-9 (User + PTA/year) 425.00 Town to Nakambala 20. Grades 10-12 (User + PTA/year) 350.00 School Uniform 157.50 Jealth Fuel (cost at the pump) | Grades 1-7 (User + PTA/year) | • | • | vn to Kabobola | 20. |
| School Uniform 157.50 Sealth Fuel (cost at the pump) | | 42 | 25.00 Tov | vn to Nakambala | 20. |
| lealth Fuel (cost at the pump) | Grades 10-12 (User + PTA/year) | 35 | 60.00 | | |
| | School Uniform | 15 | 57.50 | | |
| | lealth | | Fue | el (cost at the pump) | |
| | | | | | Amount (ZMV |

Petrol (per litre)

Diesel (per litre)

17.62 15.59 Paraffin (per litre) 15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali | Mazabuk a |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|--------------|----------|-------------|----------|----------|--------------|
| 8,145.28 | 3,984.31 | 4,877.51 | 4,392.62 | 6,788.68 | 6,595.68 | 4,944.36 | 6,006.11 | 5,299.96 | 5,863.41 | 6,617.9 4 | 6,759.03 | 5,222.17 | 5,716.47 | 4,295.41 | 6,440.03 |

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th November, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Nakambala Market, Kabobola Market, Town Market and Schools, clinics/hospitals, and filling stations around Mazabuka. The November Basic Needs Basket is approximately US\$362.21 based upon the exchange rate Of K17.78. Other costs would include personal care, clothing, recreation, etc.

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Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

https://repository.jctr.org.zm

Reports

Advocacy on Living Conditions

2021-11-30

Mazabuka November 2021 Basic Needs and Nutrition Basket Report

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