

JCTR BASIC NEEDS AND NUTRITION BASKET

Kabwe

July 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	111.20 25 kg bag	2 x 25Kg	222.40
Rice	132.09 5kg	4kg	105.67
Cassava Flour	13.50 1kg	6kg	80.97
(Sweet) Potatoes	24.01 1 Kg	4 Kg	96.06
Beans	71.78 1kg	3kg	215.34
Pounded Groundnut	116.90 1kg	1kg	116.90
Soya Pieces	64.42 1 kg	2kg	128.84
Beef	72.99 1kg	2kg	145.98
Chicken	100.00 2kg	5kg	250.00
Kapenta	413.11 1kg	1kg	413.11
Eggs	20.33 1 unit (10 eggs)	3 Trays (90 eggs)	182.99
Milk (Fresh)	15.00 500 ml	10 liters	299.96
Vegetables	573.52 40 Kg	40kg	573.52
Onion	34.56 1 Kg	4 Kg	138.25
Tomatoes	13.44 1 kg	6 kg	80.65
Other Fruits	30.46 1 kg	14 Kg	426.40
Cooking oil (2.5lts)	121.00 2.5lt	3.6lt	174.24
Salt	11.40 1 Kg	1 Kg	11.40
Tea	32.58 250g	250g	32.58
SubTotal			ZMW 3,695.24

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	216.00 90kg bag(s)	2 90kg bag(s)	432.00
Soap (Lifebuoy/Champion)	13.20 Tablet(s)	3 Tablet(s)	39.59
Wash soap (BOOM)	16.60 400g	4 400g	66.39
Jelly (Vaseline)	35.00 500ml	1 500ml	35.00
Electricity (medium density)	190.00 Month(s)	1 Month(s)	190.00
Water & Sanitation (med - fixed)	234.00 Month(s)	1 Month(s)	234.00
Housing (3 bedroom)	2,160.00 Month(s)	1 Month(s)	2,160.00
Sanitary towels	18.80 Pack of 10	2 Pack of 10	37.60
Toilet Paper (2ply)	4.40 Tissue(s)	6 Tissue(s)	26.39
Lotion (Dawn)	29.00 400ml	1 400ml	29.00
Subtotal			ZMW 3,249.97

Total for Basic Needs and Nutrition Basket

ZMW 6,945.21

(C) SOME OTHER ADDITIONAL COSTS

Education

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	430.00
Grades 8-9 (User + PTA/year)	750.00
Grades 10-12 (User + PTA/year)	750.00
School Uniform (Grades 8-12)	385.00

Transport (bus fare round

Health

Fuel (cost at the pump)

Item	Amount (ZMW)
Petrol (per litre)	17.62
Diesel (per litre)	15.59
Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,495.52	4,502.47	5,139.10	4,885.48	6,856.41	7,672.73	5,465.83	5,721.86	5,417.16	6,011.37	7,343.97	6,945.21	5,610.84	5,667.17	5,962.13	7,071.33

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection Average prices were calculated on the basis of prices gathered from retail outlets at kamanda, katondo, nakoli, lukanga, pollen and shoprite. The July Basic Needs Basket is approximately US\$362 based upon the exchange rate Of K19.20 Other costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2021-07-31

Kabwe July 2021 Basic Needs and Nutrition Basket Report

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