

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

July 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	165.00 25 kg bag	2 x 25Kg	330.00
Rice	84.11 5kg	4kg	67.29
Cassava Flour	10.89 1kg	6kg	65.35
(Sweet) Potatoes	11.31 1 Kg	4 Kg	45.24
Beans	10.25 1kg	3kg	30.76
Pounded Groundnut	20.09 1kg	1kg	20.09
Soya Pieces	41.90 1 kg	2kg	83.80
Beef	60.00 1kg	2kg	120.00
Chicken	122.70 2kg	5kg	306.74
Kapenta	88.60 1kg	1kg	88.60
Eggs	25.00 1 unit (10 eggs)	3 Trays (90 eggs)	225.00
Milk (Fresh)	15.00 500 ml	10 liters	300.00
Vegetables	970.80 40 Kg	40kg	970.80
Onion	44.00 1 Kg	4 Kg	176.01
Tomatoes	41.67 1 kg	6 kg	250.04
Banana	13.92 1 Kg	16 Kg	222.67
Other Fruits	56.09 1 kg	14 Kg	785.27
Cooking oil (2.5lts)	105.00 2.5lt	3.6lt	151.20
Salt	12.00 1 kg	1 Kg	12.00
Tea	6.25 250g	250g	6.25
SubTotal			ZMW 4,257.14

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	126.00 90kg bag(s)	2 90kg bag(s)	252.00
Soap (Lifebuoy/Champion)	15.00 Tablet(s)	3 Tablet(s)	45.00
Wash soap (BOOM)	23.75 400g	4 400g	95.00
Jelly (Vaseline)	25.00 500ml	1 500ml	25.00
Electricity (medium density)	110.00 Month(s)	1 Month(s)	110.00
Water & Sanitation (med - fixed)	140.50 Month(s)	1 Month(s)	140.50
Housing (3 bedroom)	897.50 Month(s)	1 Month(s)	897.50
Sanitary towels	35.00 Pack of 10	2 Pack of 10	70.00
Toilet Paper (2ply)	5.83 Tissue(s)	6 Tissue(s)	35.00
Lotion (Dawn)	35.00 400ml	1 400ml	35.00
Subtotal			ZMW 1,705.00

Total for Basic Needs and Nutrition Basket

ZMW 5,962.13

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	333.33	Chibesa-Town	150.00
Grades 8-9 (User + PTA/year)	333.33	Turn off-Town	150.00
School Uniform (Grades 8-12)	666.66		
<u>Health</u>		<u>Fuel (cost at the pump)</u>	
		Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,489.48	4,676.21	4,963.83	4,552.43	6,727.13	7,924.55	5,155.61	6,079.34	5,117.26	5,885.69	7,562.83	6,700.72	5,660.09	5,644.95	5,822.49	6,728.12

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of surveys conducted at Old market, New market, Kalukungu market and Kabuta market. The June Basic Needs Basket is approximately US\$311 based upon the exchange rate Of K19.20 Other costs would include personal care, clothing, recreation, etc

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Reports

Advocacy on Living Conditions

2021-07-31

Chinsali July 2021 Basic Needs and Nutrition Basket Report

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