

JCTR BASIC NEEDS AND NUTRITION BASKET

Chipata

July 2021

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	151.07 25 kg bag	2 x 25Kg	302.14
Rice	85.69 5kg	4kg	68.55
Cassava Flour	25.91 1kg	6kg	155.44
(Sweet) Potatoes	16.49 1 Kg	4 Kg	65.98
Beans	26.61 1kg	3kg	79.82
Pounded Groundnut	23.20 1kg	1kg	23.20
Soya Pieces	41.65 1 kg	2kg	83.30
Beef	63.33 1kg	2kg	126.67
Chicken	124.45 2kg	5kg	311.12
Kapenta	321.66 1kg	1kg	321.66
Eggs	20.94 1 unit (10 eggs)	3 Trays (90 eggs)	188.50
Milk (Fresh)	15.83 500 ml	10 liters	316.63
Vegetables	261.14 40 Kg	40kg	261.14
Onion	26.25 1 Kg	4 Kg	104.99
Tomatoes	16.84 1 kg	6 kg	101.01
Banana	8.59 1 Kg	16 Kg	137.45
Other Fruits	7.99 1 kg	14 Kg	111.86
Cooking oil (2.5lts)	161.33 2.5lt	3.6lt	232.32
Salt	15.17 1 Kg	1 Kg	15.17
Tea	29.00 250g	250g	29.00
SubTotal			ZMW 3,035.92

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	334.80 90kg bag(s)	2 90kg bag(s)	669.60
Soap (Lifebuoy/Champion)	14.50 Tablet(s)	3 Tablet(s)	43.50
Wash soap (BOOM)	15.33 400g	4 400g	61.33
Jelly (Vaseline)	41.20 500ml	1 500ml	41.20
Electricity (medium density)	150.00 Month(s)	1 Month(s)	150.00
Water & Sanitation (med - fixed)	120.00 Month(s)	1 Month(s)	120.00
Housing (3 bedroom)	1,500.00 Month(s)	1 Month(s)	1,500.00
Sanitary towels	19.83 Pack of 10	2 Pack of 10	39.66
Toilet Paper (2ply)	4.75 Tissue(s)	6 Tissue(s)	28.49
Lotion (Dawn)	32.17 400ml	1 400ml	32.17
Subtotal			ZMW 2,685.94

Total for Basic Needs and Nutrition Basket

ZMW 5,721.86

(C) SOME OTHER ADDITIONAL COSTS

Education		Transport (bus fare round)	
Item	Amount (ZMW)	Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	256.67	Border-Town	20.00
Grades 8-9 (User + PTA/year)	933.33	Gonder-Town	15.00
Grades 10-12 (User + PTA/year)	1,050.00	Kapata-Town	14.00
School Uniform	172.00		
Health		Fuel (cost at the pump)	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Petrol (per litre)	17.62
		Diesel (per litre)	15.59
		Paraffin (per litre)	15.39

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali	Mazabuka
8,489.48	4,676.21	4,963.83	4,552.43	6,727.13	7,924.55	5,155.61	6,079.34	5,117.26	5,885.69	7,562.83	6,700.72	5,660.09	5,644.95	5,822.49	6,728.12

Compositions of vegetables and fruits

Computation of vegetables consists of: Pumpkin leaves (9.8kg), Bondwe (2.8kg), Cabbage (18.5kg) and Rape (8.9kg).

Computation of fruits is from these varieties: Bananas, Mangos, Apples, Guavas and Oranges.

This survey was conducted on 27th July, 2021 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata market, Saturday market, Shoprite, Navutika market, Kaumbwe market and magazine market in Chipata. The June Basic Needs Basket is approximately US\$298 based upon the exchange rate of K19.20. Other costs would include personal care, clothing, recreation, etc.

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Reports

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2021-07-31

Chipata July 2021 Basic Needs and Nutrition Basket Report

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