## About the JCTR

## Want to know more? Get in touch today!

The Jesuit Centre for Theological Reflection (JCTR) is a project of the Zambia-Malawi Province of the Society of Jesus.

Our mission is to foster, from a faith-inspired perspective, a critical understanding of current issues. Guided by the social teaching of the church that emphasises social dignity in community, our mission is to generate action for the promotion of the fullness of human life through research, education, advocacy and consultation.

Cooperating widely with other groups, our Jesuit sponsorship directs us to a special concern for the poor, and assures an international connection in all our efforts.

We aim to promote an inculturated faith, gender equality and empowerment of local communities in the work of justice, peace and the integrity of creation.

Three projects of the JCTR include:

- Church's Social Teaching Project (CST) promoting the values of the Church for social justice
- Debt and Trade Project advocating for debt cancellation and fair trade to inspire pro-poor growth
- Social Conditions Research Project advocating for improvements to the living conditions of the poor

This brochure is published by the Jesuit Centre for Theological Reflection. For more information about the Basic Needs Basket and other activities, please contact us:

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You can also download more detailed historical and methodological information about the Basic Needs Basket from our website:

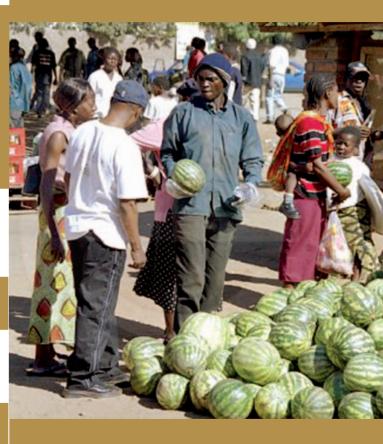
http://www.jctr.org.zm

We encourage you to visit our offices at:

Plot 5880 Great East Road, Luwisha House (opposite UNZA)

Please contact us to join our monthly Basic Needs Basket mailing list for your area.

## THE JCTR BASIC NEEDS BASKET



A tool for action by

**Community Groups** 

JOIN THE BNB MOVEMENT!

The Basic Needs Basket (BNB) is an accurate monthly survey that shows the bare minimum cost of living for a family of six - the basic cost of essential food and non-food items needed by an average sized family to live with a decent and healthy lifestyle. It is truly a minimum, excluding additional everyday costs such as education, transport, healthcare and clothing.

The BNB is conducted by the Jesuit Centre for Theological Reflection (JCTR) every month in several urban areas. For example, the figures for January 2006 are:

Lusaka	K1,415,650	Luanshya	K 922,290
Kitwe	K1,054,640	Livingstone	K1,251,900
Ndola	K1.160.720	Kabwe	K 917.140

## The BNB is an important:

- SNAPSHOT of the socio-economic situation in select locations across Zambia
- HIGHLIGHT of the gap between the cost of living and the typical income of ordinary families
- TARGET for all of us to aim for when working towards a just and dignified society
- TOOL to use when advocating for change, justice, a better wage, a fairer policy or simply a dignified existence
- GUIDE for all households in deciding how best to budget to meet their basic needs

The BNB is useful to each and every one of us - house-holds, employers and employees, community groups, church groups, trade unions, the public and private sectors, non-governmental organisations, and government - in understanding how the cost of living in Zambia affects us all.

JCTR Basic Needs Basket: LUSAKA
\*January 2006

Cost of basic food items for a family of six			
COMMODITY	QUANTITY	PRICE (K)	
Mealie meal (breakfast)	3 x 25kg	123,300	
Beans	2kg	13,000	
Kapenta (Siavonga)	2kg	70,600	
Dry fish	1kg	40,000	
Meat (mixed cut)	4kg	49,600	
Eggs	20	10,000	
Vegetables (greens)	7.5kg	15,750	
Tomato	4kg	10,000	
Onion	4kg	9,600	
Milk (fresh)	2 litres	8,700	
Cooking oil	4 litres	32,400	
Bread	1 loaf / day	75,000	
Sugar	8kg	36,800	
Salt	1kg	2,100	
Tea (leaves)	500g	9,400	
SUBTOTAL FOR FOO	506,250		
Cost of essential non-food items			
Charcoal	2 x 90kg	82,800	
Soap (Lifebuoy)	10 tablets	13,000	
Wash soap (e.g. Boom)	4 x 400g	10,800	
Jelly (e.g. Vaseline)	1 x 500ml	5,800	
Electricity (med. de	113,000		
Water (med. den	34,000		
Housing (med. de	650,000		
SUBTOTAL FOR NON-F	909,400		

Total: K1,415,650

This brochure is aimed at raising awareness of the JCTR Basic Needs Basket within Community Groups including Resident Development Committees, Community Based Organisations, marketeers and others. You are the most grassroots level of organisation in your communities, and local leaders providing a vision for the people.

For Community Groups, the BNB is:

- EVIDENCE when negotiating with local and national government for more affordable and accessible services, including basic needs of shelter, water, energy and food
- a TOOL with which to advocate for reduced costs to community members where they are too high (i.e., local levies and taxes)
- an ENTRY POINT into evaluating the needs of your own community and determining the best strategies for initiating your own local solutions
- a CHALLENGE to organise the people in your community to proactively improve their own conditions before seeking assistance (e.g. by setting up gardens, raising chickens, or other income-generating activities)
- INFORMATION to educate community members on how to form household budgets, how economic issues affect them at the household level, and how to help judge economic policies of aspiring political leaders
- a CHALLENGE to counter-productive attitudes concerning family planning, borrowing, hard work, agriculture, HIV/AIDS, education and gender
- an INSPIRATION to work hard to fight against poverty and its causes in your community, and for basic human rights for all Zambians

<sup>\*</sup>This January 2006 BNB is an example of a survey that is conducted every month in six urban areas.