

JCTR BASIC NEEDS AND NUTRITION BASKET

Mansa

February 2023

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	183.83 25 kg bag	2 x 25Kg	367.67
Rice	82.17 5kg	4kg	65.74
Cassava Flour	6.78 1kg	6kg	40.67
Irish Potatoes	15.12 1 Kg	4 Kg	60.47
Beans	19.20 1kg	3kg	57.61
Pounded Groundnut	31.91 1kg	1kg	31.91
Soya Pieces	10.00 1 kg	2kg	20.00
Beef	53.33 1kg	2kg	106.67
Chicken	124.00 2kg	5kg	310.00
Kapenta	76.16 1kg	1kg	76.16
Eggs	15.11 1 unit (10 eggs)	3 Trays (90 eggs)	136.00
Milk (Fresh)	9.50 500 ml	10 liters	190.00
Vegetables	259.60 40 Kg	40kg	259.60
Onion	12.60 1 Kg	4 Kg	50.38
Tomatoes	8.48 1 kg	6 kg	50.89
Banana	13.99 1 Kg	16 Kg	223.84
Other Fruits	7.96 1 kg	14 Kg	111.44
Cooking oil (2.5lts)	95.83 2.5lt	3.6lt	138.00
Salt	18.33 1 Kg	1 Kg	18.33
Tea	18.67 250g	250g	18.67
SubTotal			ZMW 2,334.04

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	540.00 90kg bag(s)	2 90kg bag(s)	1,080.00
Soap (Lifebuoy/Champion)	14.50 Tablet(s)	3 Tablet(s)	43.50
Wash soap (BOOM)	19.67 400g	4 400g	78.67
Electricity (medium density)	200.00 Month(s)	1 Month(s)	200.00
Water & Sanitation (med - fixed)	145.20 Month(s)	1 Month(s)	145.20
Housing (3 bedroom)	1350.00 Month(s)	1 Month(s)	1350.00
Jelly (Vaseline)	25.00 500ml	1 500ml	25.00
Sanitary towels	19.83 Pack of 10	2 Pack of 10	39.67
Toilet Paper (2ply)	5.17 Tissue(s)	6 Tissue(s)	31.00
Lotion (Dawn)	21.17 400ml	1 400ml	21.17
Subtotal			ZMW 3,014.00
Total for Basic Needs and Nutrition Basket			ZMW 5,348.04

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
		Maiteneke - Town	100.00
		Kaole- town	100.00
School Uniform (Grades 8-12)	240.00		
<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item (FEB, 2023)	Amount (ZMW)
Registration (book)	5.00	Petrol (per litre)	27.22
		Diesel (per litre)	29.25
		Paraffin (per litre)	22.29

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Chinsali	Chipata	Choma	Kabwe	Kasama	Kitwe	Livingstone	Lusaka	Luanshya	Mansa	Mazabuka	Mongu	Monze	Mpika	Ndola	Solwezi
5930.03	6,645.42	5,951.1	7,228.92	4971.85	7,519.58	6,737.26	9,278.06	5,780.79	5,348.04	6674.41	5,501.73	6558.18	6,269.85	7,761.83	8038.24

This survey was conducted on 27th February by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Kaole, Main market, shoprite, chilyapa and maiteneke market as well as Schools, clinics/hospitals, and filling stations around Mansa. The Basic Needs Basket is approximately US\$ 270.65 based upon the exchange rate of K19.76. Other costs would include personal care, clothing, recreation, etc

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

Reports

Advocacy on Living Conditions

2023-02-28

Mansa February 2023 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

<https://hdl.handle.net/20.500.14274/1756>

Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)