

JCTR BASIC NEEDS AND NUTRITION BASKET

Mazabuka

February 2023

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	159.00 25 kg bag	2 x 25Kg	318.00
Rice	141.44 5kg	4kg	113.15
Irish Potatoes	21.76 1 Kg	4 Kg	87.03
Beans	43.85 1kg	3kg	131.55
Pounded Groundnut	47.63 1kg	1kg	47.63
Soya Pieces	65.13 1 kg	2kg	130.27
Beef	77.90 1kg	2kg	155.79
Chicken	95.39 2kg	5kg	238.48
Kapenta	281.96 1kg	1kg	281.96
Eggs	21.07 1 unit (10 eggs)	3 Trays (90 eggs)	189.59
Milk (Fresh)	14.00 500 ml	10 liters	279.95
Vegetables	293.61 40 Kg	40kg	293.61
Onion	21.75 1 Kg	4 Kg	86.99
Tomatoes	15.72 1 kg	6 kg	94.31
Banana	13.76 1 Kg	16 Kg	220.09
Other Fruits	28.41 1 kg	14 Kg	397.78
Cooking oil (2.5lts)	117.00 2.5lt	3.6lt	168.48
Salt	12.98 1 Kg	1 Kg	12.98
Tea	27.99 250g	250g	27.99
SubTotal			ZMW 3,275.62

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	334.67 90kg bag(s)	2 90kg bag(s)	669.33
Soap (Lifebuoy/Champion)	16.00 Tablet(s)	3 Tablet(s)	47.99
Wash soap (BOOM)	20.60 400g	4 400g	82.38
Electricity (medium density)	336.00 Month(s)	1 Month(s)	336.00
Water & Sanitation (med - fixed)	161.00 Month(s)	1 Month(s)	161.00
Housing (3 bedroom)	1,953.33 Month(s)	1 Month(s)	1,953.33
Jelly (Vaseline)	42.19 500ml	1 500ml	42.19
Sanitary towels	18.40 Pack of 10	2 Pack of 10	36.79
Toilet Paper (2ply)	6.60 Tissue(s)	6 Tissue(s)	39.58
Lotion (Dawn)	30.20 400ml	1 400ml	30.20

Subtotal **ZMW 3,398.79**

Total for Basic Needs and Nutrition Basket **ZMW 6,674.41**

(C) SOME OTHER ADDITIONAL COSTS

<i>Education</i>		<i>Transport (bus fare round)</i>	
Item	Amount (ZMW)	Item	Amount (ZMW)
School Uniform	157.50	Town to Kabobola	21.00
		Town to Nakambala	21.00

<i>Health</i>		<i>Fuel (cost at the pump)</i>	
Item	Amount (ZMW)	Item (Fuel pump price, FEB 2023)	Amount (ZMW)
		Petrol (per litre)	27.22
		Diesel (per litre)	29.25
		Paraffin (per litre)	22.29

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Chinsali	Chipata	Choma	Kabwe	Kasama	Kitwe	Livingstone	Lusaka	Luanshya	Mansa	Mazabuka	Mongu	Monze	Mpika	Ndola	Solwezi
5930.03	6,645.42	5,951.1	7,228.92	4971.85	7,519.58	6,737.26	9,278.06	5,780.79	5,348.04	6,674.41	5,501.73	6558.18	6,269.85	7,761.83	8038.24

This survey was conducted on 27th February 2023 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Nakambala market, Kabobola market, town market, Choppies and Shoprite super market and Schools, Clinics/hospitals, and filling stations around Mazabuka. The Basic Needs and Nutrition Basket is approximately US\$337.77 based on the exchange rate of K19.76 Other costs would include personal care, clothing, recreation, etc.

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Reports

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2023-02-28

Mazabuka February 2023 Basic Needs and Nutrition Basket Report

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