

JCTR BASIC NEEDS AND NUTRITION BASKET

Monze

February 2023

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	140.00 25 kg bag	2 x 25Kg	280.00
Rice	172.28 5kg	4kg	137.82
Irish Potatoes	28.43 1 Kg	4 Kg	113.70
Beans	39.77 1kg	3kg	119.31
Pounded Groundnut	44.53 1kg	1kg	44.53
Soya Pieces	79.73 1 kg	2kg	159.47
Beef	75.13 1kg	2kg	150.25
Chicken	93.75 2kg	5kg	234.38
Kapenta	190.88 1kg	1kg	190.88
Eggs	22.08 1 unit (10 eggs)	3 Trays (90 eggs)	198.75
Milk (Fresh)	16.00 500 ml	10 liters	320.00
Vegetables	476.77 40 Kg	40kg	476.77
Onion	19.85 1 Kg	4 Kg	79.39
Tomatoes	26.72 1 kg	6 kg	160.34
Banana	21.12 1 Kg	16 Kg	337.94
Other Fruits	59.93 1 kg	14 Kg	839.00
Cooking oil (2.5lts)	120.00 2.5lt	3.6lt	172.80
Salt	12.41 1 Kg	1 Kg	12.41
Tea	26.00 250g	250g	26.00
SubTotal			ZMW 4,053.73

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	301.50 90kg bag(s)	2 90kg bag(s)	603.00
Soap (Lifebuoy/Champion)	14.50 Tablet(s)	3 Tablet(s)	43.50
Wash soap (BOOM)	19.00 400g	4 400g	76.00
Electricity (medium density)	200.00 Month(s)	1 Month(s)	200.00
Water & Sanitation (med - fixed)	145.20 Month(s)	1 Month(s)	145.20
Housing (3 bedroom)	1350.00 Month(s)	1 Month(s)	1350.00
Jelly (Vaseline)	30.00 500ml	1 500ml	30.00
Sanitary towels	22.00 Pack of 10	2 Pack of 10	44.00
Toilet Paper (2ply)	6.50 Tissue(s)	6 Tissue(s)	39.00
Lotion (Dawn)	33.75 400ml	1 400ml	33.75
Subtotal			ZMW 2,504.43
Total for Basic Needs and Nutrition Basket			ZMW 6,558.18

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
School Uniform (Grade 8-12)]	200.00	Manungu-Town	41.00
Item	Amount (ZMW)	Item (Fuel pump price, FEB 2023)	Amount (ZMW)
Registration (book)		Petrol (per litre)	27.22
		Diesel (per litre)	29.25
		Paraffin (per litre)	22.29

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Chinsali	Chipata	Choma	Kabwe	Kasama	Kitwe	Livingstone	Lusaka	Luanshya	Mansa	Mazabuka	Mongu	Monze	Mpika	Ndola	Solwezi
5930.03	6,645.42	5,951.1	7,228.92	4971.85	7,519.58	6,737.26	9,278.06	5,780.79	5,348.04	6674.41	5,501.73	6558.18	6,269.85	7,761.83	8038.24

This survey was conducted on 27th February, by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were Calculated on the basis of prices gathered from retail outlets at Main Market, Town market, Manungu, Site and Service Market as well as Schools, clinics/hospitals, and filling stations around Monze. The Basic Needs and Nutrition Basket is approximately US\$331.89 based on the exchange rate of K19.76 other costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2023-02-28

Monze February 2023 Basic Needs and Nutrition Basket Report

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