

JCTR BASIC NEEDS AND NUTRITION BASKET

Chinsali

February 2023

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW) / Unit	Quantity / Month	Total (ZMW)
Mealie Meal (Roller)	200.00 25 kg bag	2 x 25Kg	400.00
Rice	136.90 5kg	4kg	109.52
Cassava Flour	13.55 1kg	6kg	81.29
Irish Potatoes	20.84 1 Kg	4 Kg	83.36
Beans	15.34 1kg	3kg	46.03
Pounded Groundnut	66.17 1kg	1kg	66.17
Soya Pieces	41.67 1 kg	2kg	83.33
Beef	85.00 1kg	2kg	170.00
Chicken	120.00 2kg	5kg	300.00
Kapenta	186.15 1kg	1kg	186.15
Eggs	20.83 1 unit (10 eggs)	3 Trays (90 eggs)	187.50
Milk (Fresh)	13.50 500 ml	10 liters	270.00
Vegetables	712.03 40 Kg	40kg	712.03
Onion	25.74 1 Kg	4 Kg	102.97
Tomatoes	14.60 1 kg	6 kg	87.61
Banana	7.90 1 Kg	16 Kg	126.41
Other Fruits	60.98 1 kg	14 Kg	853.66
Salt	10.00 1 Kg	1 Kg	10.00
Tea	30.00 250g	250g	30.00
SubTotal			ZMW 3,906.03

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price(ZMW) / Unit	Quantity / Month	Total (ZMW)
Charcoal	144.00 90kg bag(s)	2 90kg bag(s)	288.00
Soap (Lifebuoy/Champion)	14.00 Tablet(s)	3 Tablet(s)	42.00
Wash soap (BOOM)	5.00 400g	4 400g	20.00
Electricity (medium density)	171.00 Month(s)	1 Month(s)	171.00
Water & Sanitation (med - fixed)	185.00 Month(s)	1 Month(s)	185.00
Housing (3 bedroom)	1,115.00 Month(s)	1 Month(s)	1,115.00
Sanitary towels	25.00 Pack of 10	2 Pack of 10	50.00
Toilet Paper (2ply)	20.50 Tissue(s)	6 Tissue(s)	123.00
Lotion (Dawn)	30.00 400ml	1 400ml	30.00

Subtotal **ZMW 2024**

Total for Basic Needs and Nutrition Basket **ZMW 5930.03**

(C) SOME OTHER ADDITIONAL COSTS

<u>Education</u>		<u>Transport (bus fare round)</u>	
Item	Amount (ZMW)	Item	Amount (ZMW)
School Uniform (Grades 8-12)	450.00	Chibesa-Town	147.00
		Turn off-Town	147.00
Item	Amount (ZMW)	Item (Fuel pump price, FEB 2023)	Amount (ZMW)
Registration (book)		Petrol (per litre)	27.22
		Diesel (per litre)	29.25
		Paraffin (per litre)	22.29

(D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA

Chinsali	Chipata	Choma	Kabwe	Kasama	Kitwe	Livingstone	Lusaka	Luanshya	Mansa	Mazabuka	Mongu	Monze	Mpika	Ndola	Solwezi
5930.03	6,645.42	5,951.1	7,228.92	4971.85	7,519.58	6,737.26	9,278.06	5,780.79	5,348.04	6674.41	5,501.73	6558.18	6,269.85	7,761.83	8038.24

This survey was conducted on 27TH February, by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average Prices were calculated on the basis of prices gathered from retail outlets at Kalungu, Kabatamba, New and Old market as well as Schools, clinics/hospitals, and filling stations around Chinsali. The December Basic Needs and Nutrition Basket is approximately US\$300.01 based on the exchange rate of K19.76 other costs would include personal care, clothing, recreation, etc

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Reports

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2023-02-28

Chinsali February 2023 Basic Needs and Nutrition Basket Report

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