

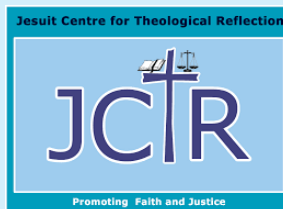
## Be aware of your rights - what you can do -

**“Each person must have access to the level of well-being necessary for his full development” (172 - Compendium)**

As people, we all have rights which include; access to clean water and sanitation, necessary and appropriate health care and accessible and quality education. These are basic economic, social and cultural rights.

But are you actually getting them? Is your water clean? Can you get adequate health care? How are your schools?

Catholic Social Teaching provides a way to help understand our rights and how we can get them. And we can work together to make sure that all Zambians have access to these basic rights of citizenship.



### **Vision:**

*“A just Zambian society guided by faith,  
where everyone enjoys the  
fullness of life”*

### **Mission Statement:**

*“From a faith inspired perspective the JCTR  
promotes justice for all in Zambia, especially for the  
poor, through research, education, advocacy and  
consultations”.*

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# Catholic Social Teaching

The Foundations of Economic,  
Social and Cultural Rights



**From No Rights to  
Know your Rights**

Jesuit Centre for Theological Reflection  
Promoting Faith and Justice

## Economic, Social and Cultural Rights

All Zambians should have the right to clean water and appropriate sanitation, adequate health care and quality education.

The right to the common use of goods, according to John Paul II is the “first principle of the whole ethical and social order”

**But, sadly, for many people, this is not the case:**

- ◆ 33% of the population representing about 5.3 million people do not have access to safe water, while 56% representing 9.1 people in Zambia do not have access to adequate sanitation
- ◆ Long distances to health facilities remains a challenge
- ◆ Efficiency indicators reveal 1.5% drop out rate for primary schools education while secondary school drop out is at 1.2% indicating low completion rates for most pupils.

## Principles of Catholic Social Teaching

The Social Doctrine of the Church helps to develop individuals through the community. It helps us become more fully human, and act as God’s instruments on earth.

Catholic Social Teaching also calls for a preferential option for the poor, we all need to ensure that all are included.

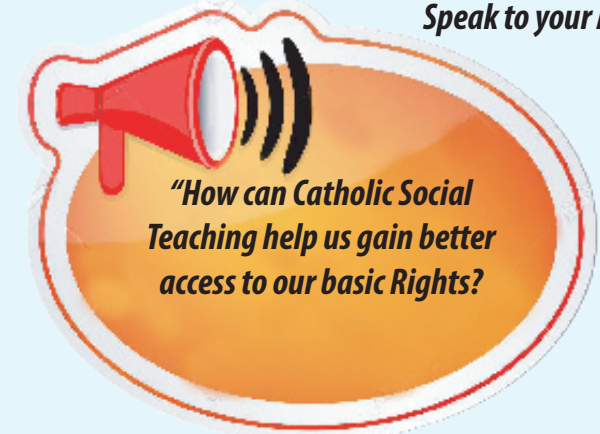
**Catholic Social Teaching includes:**

- ◆ The Common Good—
- ◆ Dignity of the human person—
- ◆ Participation— we all should become involved in our communities, including our faith community
- ◆ Solidarity—we must act together as a community so no one is left behind
- ◆ Subsidiarity—decisions that affect people should be made by the people

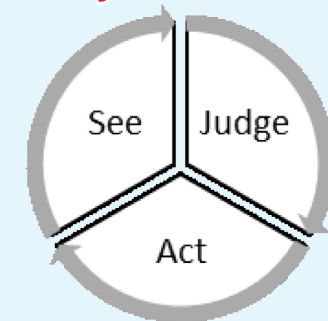
Preferential option for the poor requires that we work together so that all people get access to Catholic Social Teaching Action.

## Action

*Speak to your MP!*



**How can we act as a community to create a more fully human society?**



- ▶ Know your rights
- ▶ Get involved
- ▶ Speak to your neighbour
- ▶ Attend community events