

# JCTR BASIC NEEDS BASKET: MONGU

July 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN MONGU

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	76.00	2 x 25Kgs	152.00	
Beans	16.40	3 Kgs	49.20	
Kapenta (dry)	24.60	2 Kgs	49.20	
Bream, smoked	30.70	1 Kgs	30.70	
Mixed cut meat	23.00	4 Kgs	92.00	
Dark green vegetable	4.40	4 Kgs	17.60	
Tomatoes	5.18	4 Kgs	20.72	
Onion, large	7.40	2 Kgs	14.80	
Cooking oil (2.5 Ltrs)	33.80	3 Ltrs	40.56	
Bread wheat, refined floor, baked	6.20	1loaf/day	186.00	
Sugar	14.00	6 Kgs	42.00	
Milk long life (500ml)	4.80	2 Ltrs	19.20	
Tea, powder	14.00	1 Kgs	14.00	
Eggs	10.00	2units	20.00	
Salt	2.60	1 Kgs	2.60	

**Sub Total** **750.58**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bag)	72.00	2x 90Kg bags	144.00
Soap (Lifebouy)	4.00	10 Tablets	40.00
Wash soap (Boom)	4.50	4x400g	18.00
Jelly (e.g. Vaseline)	11.50	1x500ml	11.50
Electricity (medium density - fixed)	150.00		150.00
Water & Sanitation (medium cost - fixed)	135.00		135.00
Housing (medium density - 3 bedroom)	700.00		700.00

**Sub Total** **1,198.50**

**Total for Basic Needs Basket** **1,949.08**

Totals from previous months	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14
Amount (K)	1,564.29	1,525.38	2,047.31	1,780.46	-	-	-	1,985.94	-	-	1,957.55	1,940.22	1,955.62

## (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K30.00-K70.00	Malaria Slide	Free
Grades 10-12 (User+PTA/year)	K30.00 – K70.00	Mosquito Net	-
School Uniform	K100.00-K170.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Town-Limulunga	K10.00	Diesel (per litre)	K10.01
Town-Manganda	K10.00	Kerosene (per litre)	K7.48
Town-Shoprite	K5.00		

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma
3,692.34	2,726.30	1,930.29	1,949.08	3,251.58	3,154.32	2,335.33	2,275.69	1,680.76	2,670.48	2,614.66	2,962.37	2,785.75	2,709.80

This survey was conducted on 25<sup>th</sup> July, 2014 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Limulunga Market, Mulambwa Market, Central Market, Town Centre Market, Imwiko market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Western Water and Sewerage Company and schools, clinics and houses around Mongu. The July Basic Needs Basket is approximately **US\$318** based upon the exchange rate of **K 6.1248** per **US\$** prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia  
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Internet: [www.jctr.org.zm](http://www.jctr.org.zm)  
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

---

Reports

Advocacy on Living Conditions

---

2014-07-30

# Mongu July 2014 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

---

<https://hdl.handle.net/20.500.14274/1642>

*Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)*