

# JCTR BASIC NEEDS BASKET: MPIKA

July 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

| Commodity                         | Kwacha | Quantity   | Total  | Kwacha        |
|-----------------------------------|--------|------------|--------|---------------|
| Mealie meal (Breakfast)           | 74.60  | 2 x 25Kgs  | 149.20 |               |
| Beans                             | 6.40   | 3 Kgs      | 19.20  |               |
| Kapenta (dry)                     | 33.00  | 2 Kgs      | 66.00  |               |
| Bream, smoked                     | 37.60  | 1Kgs       | 37.60  |               |
| Beef, mixed cut                   | 31.60  | 4kg        | 126.40 |               |
| Dark green vegetable              | 2.80   | 4 Kgs      | 11.20  |               |
| Tomatoes                          | 7.20   | 4 Kgs      | 28.80  |               |
| Onion, large                      | 7.60   | 2 Kgs      | 15.20  |               |
| Cooking oil (2.5Ltrs)             | 41.20  | 3 litres   | 49.44  |               |
| Bread wheat, refined flour, baked | 6.00   | 1 loaf/day | 180.00 |               |
| Sugar                             | 18.40  | 6 Kgs      | 55.20  |               |
| Milk, long life 500ml             | 5.60   | 500ml      | 22.40  |               |
| Tea, powder                       | 13.20  | 1 Kgs      | 13.20  |               |
| Eggs                              | 10.00  | 2 units    | 20.00  |               |
| Salt                              | 3.80   | 1Kgs       | 3.80   |               |
| <b>Sub total</b>                  |        |            |        | <b>797.64</b> |

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

|  |        |              |        |               |
|--|--------|--------------|--------|---------------|
| Charcoal                                 | 50.76  | 2x 90Kg bags | 101.52 |               |
| Soap (Lifebouy)                          | 4.60   | 10 Tablets   | 46.00  |               |
| Wash soap (Boom)                         | 5.80   | 4x400g       | 23.20  |               |
| Jelly (e.g. Vaseline)                    | 13.40  | 1x500ml      | 13.40  |               |
| Electricity (medium density - fixed)     | 125.00 |              | 125.00 |               |
| Water & Sanitation (medium cost - fixed) | 74.00  |              | 74.00  |               |
| Housing (medium density - 3 bedroom)     | 500.00 |              | 500.00 |               |
| <b>Sub total</b>                         |        |              |        | <b>883.12</b> |

**Total for Basic Needs Basket**

**1,680.76**

| Totals from previous months | Jun 13   | Jul 13   | Aug 13   | Sep 13   | Oct 13   | Nov 13   | Dec 13   | Jan 14   | Feb 14 | Mar 14   | Apr 14   | May 14   | Jun 14   |
|-----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|--------|----------|----------|----------|----------|
| Amount (K)                  | 1,524.18 | 1,529.54 | 1,494.86 | 1,502.28 | 1,523.52 | 1,539.04 | 1,563.00 | 1,563.20 | -      | 1,612.48 | 1,622.92 | 1,683.04 | 1,682.76 |

## (C) SOME OTHER ADDITIONAL COST

| Item                             | K          | Item                         | K      |
|----------------------------------|------------|------------------------------|--------|
| Education                        |            | Health                       |        |
| Grades 1-7 (PTA+Project/year)    | K65.00     | Consultation Fee             | -      |
| Grades 8-9 (User+PTA/year)       | K365.00    | Mosquito Net (pregnant / ↓5) | K3.00  |
| Grades 10-12 (User+PTA/year)     | K1, 650.00 | Malaria slide (private-Roan) | K35.00 |
| School Uniform                   | K200.00    | Fuel (cost at the pump)      |        |
| Transport (bus fare round trip): |            | Petrol (per litre)           | K10.63 |
| Tazara-Town                      | K60.00     | Diesel (per litre)           | K10.01 |
| Chilonga-Town                    | K140.00    | Kerosene (per litre)         | K7.43  |
| Lwitikila- Town                  | K100.00    |                              |        |

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

| Lusaka   | Kasama   | Mansa    | Mongu    | Ndola    | Solwezi  | Monze    | Chipata  | Mpika    | Luanshya | Kitwe    | Kabwe    | Livingstone |
|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|
| 3,692.34 | 2,726.30 | 1,930.29 | 1,949.08 | 3,251.58 | 3,154.32 | 2,335.33 | 2,275.69 | 1,680.76 | 2,670.48 | 2,614.66 | 2,962.37 | 2,785.75    |

This survey was conducted on **28<sup>th</sup> July, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market, and Town centre. Additional information was obtained from ZESCO, water and Sewerage Companies, schools, clinics and houses around Mpika. The July Basic Needs Basket is approximately **US\$274** based upon the exchange rate of **K 6.1371** per US\$ prevailing on **the day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

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# Mpika July 2014 Basic Needs and Nutrition Basket Report

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