

JCTR BASIC NEEDS BASKET: LUSAKA

July 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	70.28	2 x 25Kgs	140.56	
Beans	21.42	3 Kgs	64.26	
Kapenta (dry)	113.86	2 Kgs	227.72	
Bream (dry)	55.24	1Kgs	55.24	
Beef, mixed cut	33.21	4 Kgs	132.84	
Dark green vegetable	6.18	4 Kgs	24.72	
Tomatoes	4.56	4 Kgs	18.24	
Onion, large	7.59	2 Kgs	15.18	
Cooking oil (2.5 Ltrs)	31.40	3 litres	37.68	
Bread wheat, refined flour, baked	5.07	1 loaf/day	152.10	
Sugar	17.18	6 Kgs	51.54	
Milk (fresh)	5.90	4x500ml	23.60	
Tea, powder	13.97	1 Kgs	55.88	
Eggs	8.78	2 Units	17.56	
Salt	4.63	1Kgs	4.63	

Sub Total **1,021.75**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	135.00	2x 90Kg bags	270.00
Soap (Lifebouy/Champion)	3.26	10 Tablets	32.60
Wash soap (Boom)	5.57	4x400g	22.28
Jelly (e.g Vaseline)	13.71	1x500ml	13.71
Electricity (medium density - fixed)	372.00		372.00
Water & Sanitation (medium cost - fixed)	210.00		210.00
Housing (medium density - 3 bedroom)	1,750.00		1,750.00

Sub Total **2,670.59**

Total for Basic Needs Basket **3,692.34**

Totals from previous months	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14
Amount (K)	3,684.46	3,638.42	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54	3,605.01	3,616.28	3,687.72	3,650.01	3,636.46	3,681.14

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K10.63
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K10.01
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma
3,692.34	2,726.30	1,930.29	1,949.08	3,251.58	3,154.32	2,335.33	2,275.69	1,680.76	2,670.48	2,614.66	2,962.37	2,785.75	2,709.80

This survey was conducted on 29th July, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The July Basic Needs Basket is approximately US\$601 based upon the exchange rate of K6.1479 per US\$ prevailing on the day of data collection.

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Lusaka July 2014 Basic Needs and Nutrition Basket Report

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