

JCTR BASIC NEEDS BASKET: LUANSHYA

July 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUANSHYA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	75.00	2 x 25Kgs	150.00	
Beans	10.40	3 Kgs	31.20	
Kapenta (dry)	84.00	2 Kgs	168.00	
Bream, smoked	123.33	1Kgs	123.33	
Beef, mixed cut	35.08	4 Kgs	140.32	
Dark green vegetable	16.00	4 Kgs	64.00	
Tomatoes	23.99	4 Kgs	95.96	
Onion, large	21.00	2 Kgs	42.00	
Cooking oil (2.5Ltrs)	34.50	3 Ltrs	41.40	
Bread wheat, refined flour, baked	5.25	1 loaf/day	157.50	
Sugar	16.83	6 Kgs	50.49	
Milk, long life 500ml	5.63	500ml	22.52	
Tea, powder	5.76	1 Kgs	46.08	
Eggs	10.00	2 units	20.00	
Salt	4.63	1Kgs	4.63	

Sub total **1,157.43**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	111.60	2x 90Kg bags	223.20
Soap (Lifebouy)	3.42	10 Tablets	34.20
Wash soap (Boom)	15.25	4x400g	61.00
Jelly (e.g. Vaseline)	13.75	1x500ml	13.75
Electricity (medium density - fixed)	305.00		305.00
Water & Sanitation (medium cost - fixed)	75.90		75.90
Housing (medium density - 3 bedroom)	800.00		800.00

Sub total **1,513.05**

Total for basic needs basket

2,670.48

Totals from previous months	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14
Amount (K)	2,284.52	2,266.53	2,227.29	2,209.06	2,226.10	2,205.85	2,316.29	2,158.93	-	2,373.32	2,567.55	2,682.22	2,625.35

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K80.00-K100.00	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K350.00-K400.00	Malaria Slide (Roan)	K10.00
Grades 10-12 (User+PTA/year)	K600.00	Mosquito Drugs (private)	K20.00
School Uniform	K200.00-K875.00	Fast track	K20.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Mpatamatu-Town	K13.00	Petrol (per litre)	K10.63
Roan - Kalala	K13.00	Diesel (per litre)	K10.01
New Town	K7.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JULY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma
3,692.34	2,726.30	1,930.29	1,949.08	3,251.58	3,154.32	2,335.33	2,275.69	1,680.76	2,670.48	2,614.66	2,962.37	2,785.75	2,709.80

This survey was conducted from 29th July, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The July Basic Needs Basket is approximately **US\$434** based upon the exchange rate of **K 6.1479** per **US\$** prevailing on 29th June, 2014.

Please note that other monthly costs would include personal care, clothing, recreation, etc.
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2014-07-30

Luanshya July 2014 Basic Needs and Nutrition Basket Report

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