

**JCTR BASIC NEEDS BASKET: NDOLA**  
**August 2014**

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN NDOLA**

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	74.63	2 x 25Kgs	149.26	
Beans	13.86	3 Kgs	41.58	
Kapenta (dry)	102.00	2 Kgs	204.00	
Bream, smoked	162.50	1 Kgs	162.50	
Mixed cut	34.40	4 Kgs	137.60	
Dark green vegetable	9.90	4 Kgs	39.60	
Tomatoes	10.69	4 Kgs	42.76	
Onion, large	11.98	2 Kgs	23.96	
Cooking oil (2.5L)	34.97	3 Litres	41.96	
Bread wheat, refined flour, baked	5.04	1loaf/day	151.20	
Sugar	15.64	6 Kgs	46.92	
Milk (500ml Long life)	5.48	2 Litres	21.92	
Tea, powder	8.14	1 Kgs	8.14	
Eggs	8.47	2units	16.94	
Salt	6.64	1 Kgs	6.64	
<b>Sub total</b>				<b>1,094.98</b>

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal	142.20	2x 90Kg bags	284.40	
Soap (Lifebuoy)	4.49	10 Tablets	44.90	
Wash soap (Boom)	5.41	4x400g	21.64	
Jelly (e.g Vaseline)	14.71	1x500ml	14.71	
Electricity (medium density - fixed)	181.00		181.00	
Water & Sanitation (medium cost - fixed)	95.00		95.00	
Housing (medium density - 3 bedroom)	1,500.00		1,500.00	
<b>Sub total</b>				<b>2,141.65</b>

**Total for Basic Needs Basket**

**3,236.63**

Totals from previous months	Jul 13	Aug 13	Sept 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14
Amount (K)	2,871.94	2,919.20	2,831.94	2,786.21	2,845.36	2,831.89	2,889.81	3,143.76	-	3,176.74	3,181.15	3,194.33	3,251.58

**(C) SOME OTHER ADDITIONAL COST**

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K50.00	Consultation Fee	K1.00
Grades 8-9 (User+PTA/year)	K750.00	Medical Exam	K35.00
Grades 10-12 (User+PTA/year)	K900.00	Malaria Slide	K10.00
School Uniform (grades 8-12)	K550.00-K900.00	CD4 Count Private	K280.00
Transport (bus fare round trip):		Mosquito Net (private)	K35.00
Ndeke-Town	K6.00	Fuel (cost at the pump)	
Chifubu-Town	K6.00	Petrol (per litre)	K10.63
Masala-Town	K5.00	Diesel (per litre)	K10.01
Twapia-Town	K6.70	Kerosene (per litre)	K7.48

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN AUGUST**

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,742.31	2,287.14	2,501.70	1,952.50	3,236.63	3,171.86	2,331.53	2,283.69	2,035.46	2,746.31	2,565.49	3,001.10	2,832.63	2,837.23	1,908.25

*This survey was conducted on 25<sup>th</sup> August, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Masala Market, Twapia Market, Mushili Market, Lubuto Market, Chifubu Market, Pick "in" Pay and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kufubu Water and Sewerage Company and schools, clinics and houses around Ndola. The August Basic Needs Basket is approximately US\$ 534 based upon the rate of K6.0559 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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Reports

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2014-08-30

# Ndola August 2014 Basic Needs and Nutrition Basket Report

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