

# JCTR BASIC NEEDS BASKET: LIVINGSTONE

August 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	69.00	2 x 25Kgs	138.00	
Beans	15.83	3 Kgs	47.49	
Kapenta (dry)	89.20	2 Kgs	178.40	
Bream, smoked	-	1Kgs	-	
Beef, mixed cut	26.00	4Kgs	104.00	
Dark green vegetable	6.60	4 Kgs	26.40	
Tomatoes	4.50	4 Kgs	18.00	
Onion, large	11.17	2 Kgs	22.34	
Cooking oil (2.5 Ltrs)	31.54	3 Ltrs	37.85	
Bread wheat, refined flour, baked	5.67	1loaf/day	170.10	
Sugar	16.00	6 Kgs	48.00	
Milk long life (500ml)	5.97	500 mL	23.88	
Tea, powder	25.33	1 Kgs	25.33	
Eggs	10.00	2units	20.00	
Salt	3.97	1 Kgs	3.97	
<b>Sub total</b>				<b>863.76</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	176.40	2x 90Kg bags	352.80	
Soap (Lifebouy)	3.75	10 Tablets	37.50	
Wash soap (Boom)	5.83	4x400g	23.32	
Jelly (e.g. Vaseline)	14.25	1x500ml	14.25	
Electricity (medium density - fixed)	226.00		226.00	
Water & Sanitation (medium cost - fixed)	65.00		65.00	
Housing (medium density - 3 bedroom)	1,250.00		1,250.00	
<b>Sub total</b>				<b>1,968.87</b>

## Total for Basic Needs Basket

**2,832.63**

Totals from previous months	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14
Amount (K)	2,686.51	2,672.00	2,672.79	2,667.68	2,707.61	2,709.05	2,708.99	-	2,765.92	2,920.70	2,903.00	-	2,785.75

## (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip):	
Grades 1-7 (PTA+Project/year)	K490.00	Dambwa-Town	K8.00
Grades 8-9 (User+PTA/year)	K750.00	Maramba-Town	K8.00
Grades 10-12 (User+PTA/year)	K1, 392.00	Victoria Falls-Town	K14.00
School Uniform	K235.00 - K270.00	Taxi Fare Round Trips	K8.00
Health		Fuel (cost at the pump)	
Consultation Fee	K30.00	Petrol (per litre)	K10.63
CD4 count	K50.00 (high cost)	Diesel (per litre)	K10.01
Fast-Track	K50.00	Kerosene (per litre)	K7.48
Mosquito Net (private)	K54.00		

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN AUGUST

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chins
3,742.31	2,287.14	2,501.70	1,952.50	3,236.63	3,171.86	2,331.53	2,283.69	2,035.46	2,746.31	2,565.49	3,001.10	2,832.63	2,837.23	1,908.2

This survey was conducted on 25<sup>th</sup> – 28<sup>th</sup> August, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbata Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The August Basic Needs Basket is approximately US\$470 based upon the average exchange rate of K 6.0300 per US\$ prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

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**<https://repository.jctr.org.zm>**

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# Livingstone August 2014 Basic Needs and Nutrition Basket Report

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