

JCTR BASIC NEEDS BASKET: MPIKA

September 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (Breakfast)	73.80	2 x 25Kgs	147.60	
Beans	7.80	3 Kgs	23.40	
Kapenta (dry)	48.80	2 Kgs	97.60	
Bream, smoked	58.80	1Kgs	58.80	
Beef, mixed cut	32.00	4kg	128.00	
Dark green vegetable	3.90	4 Kgs	15.60	
Tomatoes	7.00	4 Kgs	28.00	
Onion, large	8.40	2 Kgs	16.80	
Cooking oil (2.5Ltrs)	39.40	3 litres	47.28	
Bread wheat, refined flour, baked	6.00	1 loaf/day	180.00	
Sugar	19.00	6 Kgs	57.00	
Milk, long life 500ml	6.00	500ml	24.00	
Tea, powder	13.60	1 Kgs	13.60	
Eggs	10.00	2 units	20.00	
Salt	4.20	1Kgs	4.20	
Sub total				861.88

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	55.80	2x 90Kg bags	111.60
Soap (Lifebouy)	4.90	10 Tablets	49.00
Wash soap (Boom)	5.90	4x400g	23.60
Jelly (e.g. Vaseline)	13.00	1x500ml	13.00
Electricity (medium density - fixed)	350.00		350.00
Water & Sanitation (medium cost - fixed)	125.00		125.00
Housing (medium density - 3 bedroom)	500.00		500.00
Sub total			1,172.20

Total for Basic Needs Basket

2,034.08

Totals from previous months	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14
Amount (K)	1,494.86	1,502.28	1,523.52	1,539.04	1,563.00	1,563.20	-	1,612.48	1,622.92	1,683.04	1,682.76	1,680.76	2,035.46

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K65.00	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K365.00	Mosquito Net (pregnant / ↓5)	K3.00
Grades 10-12 (User+PTA/year)	K1, 650.00	Malaria slide (private-Roan)	K35.00
School Uniform	K200.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Tazara-Town	K60.00	Diesel (per litre)	K10.01
Chilonga-Town	K140.00	Kerosene (per litre)	K7.43
Lwitikila- Town	K100.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN SEPTEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,703.02	2,594.33	2,099.43	1,952.50	3,153.69	3,304.94	2,281.83	2,276.99	2,034.08	2,901.91	2,607.66	3,007.93	2,818.49	2,843.19	1,926.52

This survey was conducted on **29th September, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, water and Sewerage Companies, schools, clinics and houses around Mpika. The September Basic Needs Basket is approximately **US\$326** based upon the exchange rate of **K 6.2465** per US\$ prevailing on **the day of data collection**. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Mpika September 2014 Basic Needs and Nutrition Basket Report

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