

JCTR BASIC NEEDS BASKET: LUSAKA

September 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	69.43	2 x 25Kgs	138.86	
Beans	20.91	3 Kgs	62.73	
Kapenta (dry)	111.67	2 Kgs	223.34	
Bream (dry)	58.40	1Kgs	58.40	
Beef, mixed cut	31.78	4 Kgs	127.12	
Dark green vegetable	4.84	4 Kgs	19.36	
Tomatoes	5.15	4 Kgs	20.60	
Onion, large	10.25	2 Kgs	20.50	
Cooking oil (2.5 Ltrs)	39.97	3 litres	47.96	
Bread wheat, refined flour, baked	5.50	1 loaf/day	165.00	
Sugar	17.40	6 Kgs	52.20	
Milk (fresh)	5.97	4x500ml	23.88	
Tea, powder	14.35	1 Kgs	57.40	
Eggs	9.36	2 Units	18.72	
Salt	4.66	1Kgs	4.66	
Sub Total				1,040.73

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	130.00	2x 90Kg bags	260.00
Soap (Lifebuoy/Champion)	3.36	10 Tablets	33.60
Wash soap (Boom)	5.78	4x400g	23.12
Jelly (e.g. Vaseline)	13.57	1x500ml	13.57
Electricity (medium density - fixed)	372.00		372.00
Water & Sanitation (medium cost - fixed)	210.00		210.00
Housing (medium density - 3 bedroom)	1,750.00		1,750.00

Sub Total 2,662.29

Total for Basic Needs Basket 3,703.02

Totals from previous months	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14
Amount (K)	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54	3,605.01	3,616.28	3,687.72	3,650.01	3,636.46	3,681.14	3,692.34	3,742.60

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K10.63
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K10.01
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN SEPTEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,703.02	2,594.33	2,099.43	1,952.50	3,153.69	3,304.94	2,281.83	2,276.99	2,034.08	2,901.91	2,607.66	3,007.93	2,818.49	2,843.19	1,926.52

This survey was conducted on 29th September, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The September Basic Needs Basket is approximately US\$593 based upon the exchange rate of K6.2465 per US\$ prevailing on the day of data collection.

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Lusaka September 2014 Basic Needs and Nutrition Basket Report

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