

JCTR BASIC NEEDS BASKET: KASAMA

August 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	60.00	2 x 25Kgs	120.00	
Beans	6.50	3 Kgs	19.50	
Kapenta (dry)	62.50	2 Kgs	125.00	
Bream, smoked	60.00	1Kg	60.00	
Meat mixed cut	29.80	4 Kgs	119.20	
Dark green vegetable	2.20	4 Kgs	8.80	
Tomato	7.00	4 Kgs	28.00	
Onion, large	8.00	2 Kgs	16.00	
Cooking oil (2.5 Ltrs)	36.15	3 Ltrs	43.38	
Bread wheat, refined flour, baked	5.20	1 loaf/day	156.00	
Sugar	17.00	6 Kgs	51.00	
Milk (long-life) 500ml	5.96	4x500ml	23.84	
Tea, powder (125g)	2.06	1Kg	16.48	
Eggs	12.29	2units	24.58	
Salt	3.96	1 Kg	3.96	

Sub total

815.74

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	51.75	180Kgs	103.50
Bathing Soap	2.80	10 Tablets	28.00
Wash soap (Boom)	5.50	4x400g	22.00
Jelly (e.g Vaseline)	10.90	1x500ml	10.90
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	82.00		82.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00

Sub total

1,471.40

Total Basic needs basket

2,287.14

Totals from previous months	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14
Amount (K)	2,109.28	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22	2,337.41	2,306.54	2,726.30

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K10.63
Location-Town	K10.00	Diesel (per litre)	K10.01
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN AUGUST

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chins
3,742.31	2,287.14	2,501.70	1,952.50	3,236.63	3,171.86	2,331.53	2,283.69	2,035.46	2,746.31	2,565.49	3,001.10	2,832.63	2,837.23	1,908.23

This survey was conducted on 26th August, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The August Basic Needs Basket is approximately US\$379 based upon an exchange rate of K6.0402 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Internet: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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2014-08-30

Kasama August 2014 Basic Needs and Nutrition Basket Report

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