

# JCTR BASIC NEEDS BASKET

**Kasama**

**February 2019**

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Mealie Meal	93.98	2	x 25 Kg	187.96
Beans	17.60	3	Kg	52.79
Kapenta (Dry)	90.00	2	Kg	180.00
Fish (Bream, Dry)	80.00	1	Kg	80.00
Beef	40.00	4	Kg	160.00
Dark Green Vegetables	6.80	4	Kg	27.20
Tomatoes	8.80	4	Kg	35.19
Onion	9.40	2	Kg	18.80
Cooking oil (2.5L)	48.58	3	Litres	58.30
Bread	9.00	1	Loaf/day	270.00
Sugar	26.18	3	x 2 Kg	78.54
Milk	8.10	4	x 500ml	32.39
Tea	52.00	1	Kg	52.00
Eggs	13.20	2	Units	26.40
Salt	8.80	1	Kg	8.80

**Subtotal** **ZMW 1,268.36**

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Commodity	Price (ZMW)	Quantity	Units	Total (ZMW)
Charcoal	65.25	2	x 90 Kg bag(s)	130.50
Soap (Romeo)	7.40	3	Tablet(s)	22.20
Wash soap (BOOM)	10.00	4	x 400g	40.00
Jelly (e.g. Vaseline)	39.60	1	x 500ml	39.60
Electricity (medium density)	180.00	1	x 1 month	180.00
Water & Sanitation (med - fixed)	200.00	1	x 1 month	200.00
Housing (3 bedroom)	1,125.00	1	x 1 month	1,125.00

**Subtotal** **ZMW 1,737.30**

**Total for Basic Needs Basket** **ZMW 3,005.66**

Totals from previous months	Oct 17	Nov 17	Dec 17	Jan 18	Feb 18	Mar 18	Apr 18	May 18	June 18	July 18	Aug 18	Sep 18	Oct 18	Nov 18	Dec 18	Jan 19	Feb 19
Amount (K)	2,938.71	3,033.65	3,006.61	3,320.46	3,391.70	3,334.91	3,261.21	3,199.37	3,155.65	3,082.41	2,990.82	3,059.28	2,997.76	3,148.12	3,005.95	2,975.47	3,005.66

## (C) SOME OTHER ADDITIONAL COSTS

### *Education*

Item	Amount (ZMW)
Grades 1-7 (User + PTA/year)	130.00
Grades 8-9 (User + PTA/year)	475.00
Grades 10-12 (User + PTA/year)	700.00
School Uniform (Grades 1-7)	225.00
School Uniform (Grades 8-12)	275.00

### *Transport (bus fare round trip)*

Item	Amount (ZMW)
Tazara-Town	16.00

### *Health*

Item	Amount (ZMW)
Malaria test	20.00
Consultation Fee	50.00

### *Fuel (cost at the pump)*

Item	Amount (ZMW)
Petrol (per litre)	16.50
Diesel (per litre)	14.65
Paraffin (per litre)	11.34

## D) A COMPARISON OF COSTS (IN KWACHA) OF BASIC NEEDS ACROSS ZAMBIA IN FEBRUARY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
5,331	3,006	3,062	3,289	4,899	5,051	4,039.48	3,567	2,928.40	3,852	4,325	5,228	3,880.36	3,820	3,883

*This survey was conducted on 27<sup>th</sup> February 2019 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Tazara, chambeshi, chikumanino, Newtown and shoprite around Kasama. The February Basic Needs Basket is approximately US\$261 based upon the exchange rate of K11.5 prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

Jesuit Centre for Theological Reflection (JCTR)

JCTR Repository

<https://repository.jctr.org.zm>

---

Statements

Advocacy on Living Conditions

---

2019-03-18

# Basic Needs Basket (BNB) for February 2019: Lifting of Mealie Meal Export Ban to Impact Negatively on the Poor

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

---

<https://repository.jctr.org.zm/handle/20.500.14274/16>

*Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)*