

JCTR BASIC NEEDS BASKET: KASAMA

September 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	73.70	2 x 25Kgs	147.40	
Beans	11.30	3 Kgs	33.90	
Kapenta (dry)	89.49	2 Kgs	178.98	
Bream, smoked	61.67	1Kg	61.67	
Meat mixed cut	29.80	4 Kgs	119.20	
Dark green vegetable	3.38	4 Kgs	13.52	
Tomato	6.30	4 Kgs	25.20	
Onion, large	8.00	2 Kgs	16.00	
Cooking oil (2.5 Ltrs)	35.60	3 Ltrs	42.72	
Bread wheat, refined flour, baked	5.20	1 loaf/day	156.00	
Sugar	16.80	6 Kgs	50.40	
Milk (long-life) 500ml	5.96	4x500ml	23.84	
Tea, powder (125g)	24.50	1Kg	196.00	
Eggs	9.87	2units	19.74	
Salt	3.96	1 Kg	3.96	
Sub total				1,088.53

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	62.75	180Kgs	125.50
Bathing Soap	3.25	10 Tablets	32.50
Wash soap (Boom)	6.70	4x400g	26.80
Jelly (e.g Vaseline)	11.00	1x500ml	11.00
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	85.00		85.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00
Sub total			1,505.80

Total Basic needs basket

2,594.33

Totals from previous months	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14
Amount (K)	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22	2,337.41	2,306.54	2,726.30	2,287.14

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K10.63
Location-Town	K10.00	Diesel (per litre)	K10.01
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN SEPTEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,703.02	2,594.33	2,099.43	1,952.50	3,153.69	3,304.94	2,281.83	2,276.99	2,034.08	2,901.91	2,607.66	3,007.93	2,818.49	2,843.19	1,926.52

This survey was conducted on 29th and 30th September, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The September Basic Needs Basket is approximately US\$415 based upon an exchange rate of K6.2487 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Kasama September 2014 Basic Needs and Nutrition Basket Report

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