

JCTR BASIC NEEDS BASKET: KASAMA

May 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	83.50	2 x 25Kgs	167.00	
Beans	6.38	3 Kgs	19.14	
Kapenta (dry)	80.00	2 Kgs	160.00	
Bream, smoked	40.00	1Kg	40.00	
Meat mixed cut	27.00	4 Kgs	108.00	
Dark green vegetable	2.70	4 Kgs	10.80	
Tomato	5.20	4 Kgs	20.80	
Onion, large	10.60	2 Kgs	21.20	
Cooking oil (2.5 Ltrs)	35.20	3 Ltrs	42.24	
Bread wheat, refined flour, baked	5.30	1 loaf/day	159.00	
Sugar	17.25	6 Kgs	51.75	
Milk (long-life) 500ml	5.96	4x500ml	23.84	
Tea, powder (125g)	1.90	1Kg	15.20	
Eggs	10.00	2units	20.00	
Salt	3.74	1 Kg	3.74	
Sub total				862.71

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	51.75	180Kgs	103.50
Bathing Soap	3.50	10 Tablets	35.00
Wash soap (Boom)	4.58	4x400g	18.32
Jelly (e.g Vaseline)	10.88	1x500ml	10.88
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	82.00		82.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00

Sub total

1,474.70

Total Basic needs basket

2,337.41

Totals from previous months	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14
Amount (K)	2,043.44	2,185.72	2,131.54	2,109.28	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K10.63
Location-Town	K10.00	Diesel (per litre)	K10.01
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MAY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,636.46	2,337.41	-	1,940.22	3,181.15	3,193.90	2,260.66	2,266.83	1,683.04	2,682.22	2,407.47	2, 963.75	2,903.00

This survey was conducted on 26th May, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at NewTown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The May Basic Needs Basket is approximately US\$342 based upon an exchange rate of K6.8343 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Kasama May 2014 Basic Needs and Nutrition Basket Report

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