

JCTR BASIC NEEDS BASKET: LUSAKA

May 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	69.00	2 x 25Kgs	138.00	
Beans	13.36	3 Kgs	40.08	
Kapenta (dry)	96.02	2 Kgs	192.04	
Bream (dry)	80.83	1Kgs	81.83	
Beef, mixed cut	30.78	4 Kgs	123.12	
Dark green vegetable	4.93	4 Kgs	19.72	
Tomatoes	4.37	4 Kgs	17.48	
Onion, large	9.34	2 Kgs	18.68	
Cooking oil (2.5 Ltrs.)	40.00	3 Litres	48.00	
Bread wheat, refined flour, baked	5.13	1 loaf/day	153.90	
Sugar	17.04	6 Kgs	51.12	
Milk (fresh)	5.76	4x500ml	23.04	
Tea, powder	13.83	1 Kgs	55.32	
Eggs	9.31	2 Units	18.62	
Salt	4.11	1Kgs	4.11	
Sub Total				985.06

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	127.50	180Kg	255.00
Soap (Lifebuoy/Champion)	3.16	10 Tablets	31.60
Wash soap (Boom)	5.24	4x400g	20.96
Jelly (e.g. Vaseline)	11.84	1x500ml	11.84
Electricity (medium density - fixed)	372.00		372.00
Water & Sanitation (medium cost - fixed)	210.00		210.00
Housing (medium density - 3 bedroom)	1,750.00		1,750.00

Sub Total 2,651.40

Total for Basic Needs Basket 3,636.46

Totals from previous months	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr
Amount (K)	3,593.60	3,625.20	3,684.46	3,638.42	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54	3,605.01	3,616.28	3,687.72	3,650.01

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K10.63
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K10.01
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MAY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,636.46	2,337.41	-	1,940.22	3,181.15	3,193.90	2,260.66	2,266.83	1,683.04	2,682.22	2,407.47	2,963.75	2,903.00

This survey was conducted on 28th May, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The May Basic Needs Basket is approximately US\$536 based upon the exchange rate of K6.7787 per US\$ prevailing on the day of data collection.

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Lusaka May 2014 Basic Needs and Nutrition Basket Report

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