

## JCTR BASIC NEEDS BASKET: MONGU

### May 2014

#### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN MONGU

Commodity	Quantity	Kwacha	Total	Kwacha
Mealie meal (breakfast)	2 x 25Kgs	73.75	147.50	
Beans	3 Kgs	16.40	49.20	
Kapenta (dry)	2 Kgs	24.80	49.60	
Bream, smoked	1 Kgs	30.70	30.70	
Mixed cut meat	4 Kgs	23.00	92.00	
Dark green vegetable	4 Kgs	4.60	18.40	
Tomatoes	4 Kgs	5.18	20.72	
Onion, large	2 Kgs	7.40	14.80	
Cooking oil (2.5 Ltrs)	3 Ltrs	32.00	38.40	
Bread wheat, refined flour, baked	1loaf/day	6.20	186.00	
Sugar	6 Kgs	14.00	42.00	
Milk long life (500ml)	2 Ltrs	4.80	19.20	
Tea, powder	1 Kgs	14.00	14.00	
Eggs	2units	8.30	16.60	
Salt	1 Kgs	2.60	2.60	

*Sub Total*

**741.72**

#### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bag)	2x 90Kg bags	72.00	144.00
Soap (Lifebouy)	10 Tablets	4.00	40.00
Wash soap (Boom)	4x400g	4.50	18.00
Jelly (e.g. Vaseline)	1x500ml	11.50	11.50
Electricity (medium density - fixed)		150.00	150.00
Water & Sanitation (medium cost - fixed)		135.00	135.00
Housing (medium density - 3 bedroom)		700.00	700.00

*Sub Total*

**1,198.50**

*Total for Basic Needs Basket*

**1,940.22**

Totals from previous months	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14
Amount (K)	1,818.76	1,530.46	1,564.29	1,525.38	2,047.31	1,780.46	-	-	-	1,985.94	-	-	1,957.55

#### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K30.00-K70.00	Malaria Slide	Free
Grades 10-12 (User+PTA/year)	K30.00 – K70.00	Mosquito Net	-
School Uniform	K100.00-K170.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Town-Limulunga	K10.00	Diesel (per litre)	K10.01
Town-Manganda	K10.00	Kerosene (per litre)	K7.48
Town-Shoprite	K5.00		

#### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MAY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,636.46	2,337.41	-	1,940.22	3,181.15	3,193.90	2,260.66	2,266.83	1,683.04	2,682.22	2,407.47	2,963.75	2,903.00

*This survey was conducted on 26<sup>th</sup> May, 2014 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Limulunga Market, Mulambwa Market, Central Market, Town Centre Market, Imwiko market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Western Water and Sewerage Company and schools, clinics and houses around Mongu. The May Basic Needs Basket is approximately US\$284 based upon the exchange rate of K 6.8343 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

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# Mongu May 2014 Basic Needs and Nutrition Basket Report

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