

JCTR BASIC NEEDS BASKET: MPIKA

May 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

Commodity	Quantity	Kwacha	Total	Kwacha
Mealie meal (Breakfast)	2 x 25Kgs	75.60	151.20	
Beans	3 Kgs	7.20	21.60	
Kapenta (dry)	2 Kgs	32.00	64.00	
Bream, smoked	1Kgs	36.20	36.20	
Beef, mixed cut	4kg	31.20	124.80	
Dark green vegetable	4 Kgs	2.80	11.20	
Tomatoes	4 Kgs	7.20	28.80	
Onion, large	2 Kgs	7.60	15.20	
Cooking oil (2.5Ltrs)	3 litres	41.20	49.44	
Bread wheat, refined floor, baked	1 loaf/day	6.00	180.00	
Sugar	6 Kgs	18.40	55.20	
Milk, long life 500ml	500ml	5.60	22.40	
Tea, powder	1 Kgs	13.20	13.20	
Eggs	2 units	10.00	20.00	
Salt	1Kgs	3.80	3.80	

Sub total

797.04

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	2x 90Kg bags	52.20	104.40
Soap (Lifebouy)	10 Tablets	4.60	46.00
Wash soap (Boom)	4x400g	5.80	23.20
Jelly (e.g. Vaseline)	1x500ml	13.40	13.40
Electricity (medium density - fixed)		125.00	125.00
Water & Sanitation (medium cost - fixed)		74.00	74.00
Housing (medium density - 3 bedroom)		500.00	500.00

Sub total

886.00

Total for Basic Needs Basket

1,683.04

Totals from previous months	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14
Amount (K)	1,445.22	1,522.94	1,524.18	1,529.54	1,494.86	1,502.28	1,523.52	1,539.04	1,563.00	1,563.20	-	1,612.48	1,622.92

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K65.00	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K365.00	Mosquito Net (pregnant / ↓5)	K3.00
Grades 10-12 (User+PTA/year)	K1, 650.00	Malaria slide (private-Roan)	K35.00
School Uniform	K200.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Tazara-Town	K60.00	Diesel (per litre)	K10.01
Chilonga-Town	K140.00	Kerosene (per litre)	K7.43
Lwitikila- Town	K100.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MAY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,636.46	2,337.41	-	1,940.22	3,181.15	3,193.90	2,260.66	2,266.83	1,683.04	2,682.22	2,407.47	2, 963.75	2,903.00

This survey was conducted on 28th May, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market, and Town centre. Additional information was obtained from ZESCO, water and Sewerage Companies, schools, clinics and houses around Mpika. The May Basic Needs Basket is approximately US\$248 based upon the exchange rate of K 6.7787 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Reports

Advocacy on Living Conditions

2014-05-30

Mpika May 2014 Basic Needs and Nutrition Basket Report

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