

JCTR BASIC NEEDS BASKET: LIVINGSTONE

May 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	69.78	2 x 25Kgs	139.56	
Beans	14.57	3 Kgs	43.71	
Kapenta (dry)	81.42	2 Kgs	162.84	
Bream, smoked	68.67	1Kgs	68.67	
Beef, mixed cut	36.14	4Kgs	144.56	
Dark green vegetable	14.43	4 Kgs	57.72	
Tomatoes	5.86	4 Kgs	23.44	
Onion, large	9.86	2 Kgs	19.72	
Cooking oil (2.5 Ltrs)	36.09	3 Ltrs	43.31	
Bread wheat, refined flour, baked	5.71	1loaf/day	171.30	
Sugar	16.28	6 Kgs	48.84	
Milk long life (500ml)	5.97	500 mL	23.88	
Tea, powder	26.43	1 Kgs	26.43	
Eggs	9.17	2units	18.34	
Salt	5.50	1 Kgs	5.50	

Sub total

997.82

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	153.00	2x 90Kg bags	306.00
Soap (Lifebouy)	3.33	10 Tablets	33.30
Wash soap (Boom)	5.43	4x400g	21.72
Jelly (e.g. Vaseline)	13.16	1x500ml	13.16
Electricity (medium density - fixed)	226.00		226.00
Water & Sanitation (medium cost - fixed)	55.00		55.00
Housing (medium density - 3 bedroom)	1,250.00		1,250.00

Sub total

1,905.18

Total for Basic Needs Basket

2,903.00

Totals from previous months	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14
Amount (K)	2,308.72	2,650.34	2,684.01	2,686.51	2,672.00	2,672.79	2,667.68	2,707.61	2,709.05	2,708.99	-	2,765.92	2,920.70

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip):	
Grades 1-7 (PTA+Project/year)	K490.00	Dambwa-Town	K8.00
Grades 8-9 (User+PTA/year)	K750.00	Maramba-Town	K8.00
Grades 10-12 (User+PTA/year)	K1, 392.00	Victoria Falls-Town	K14.00
School Uniform	K235.00 - K270.00	Taxi Fare Round Trips	K8.00
Health		Fuel (cost at the pump)	
Consultation Fee	K30.00	Petrol (per litre)	K10.63
CD4 count	K50.00 (high cost)	Diesel (per litre)	K10.01
Fast-Track	K50.00	Kerosene (per litre)	K7.48
Mosquito Net (private)	K54.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MAY

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,636.46	2,337.41	-	1,940.22	3,181.15	3,193.90	2,260.66	2,266.83	1,683.04	2,682.22	2,407.47	2,963.75	2,903.00

This survey was conducted on 25th – 28th May, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The May Basic Needs Basket is approximately **US\$426** based upon the average exchange rate of **K 6.8158** per US\$ prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

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Reports

Advocacy on Living Conditions

2014-05-30

Livingstone May 2014 Basic Needs and Nutrition Basket Report

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