

JCTR BASIC NEEDS BASKET: SOLWEZI

March 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN SOLWEZI

Commodity	Quantity	Kwacha	Total	Kwacha
Mealie meal (breakfast)	2 x 25Kgs	84.50	169.00	
Beans	3 Kgs	10.83	32.49	
Kapenta (dry)	2 Kgs	54.36	108.72	
Bream, smoked	1 Kgs	62.60	62.60	
Meat (mixed cut)	4Kgs	25.32	101.28	
Dark green vegetable	4 Kgs	2.60	10.40	
Tomatoes	4 Kgs	4.41	17.64	
Onion, large	2 Kgs	3.80	7.60	
Cooking oil (2.5 Ltrs)	3 Litres	30.00	45.00	
Bread wheat, refined flour, baked	1loaf/day	4.73	141.90	
Sugar	6 Kgs	14.08	42.24	
Milk (long life, 500ml)	4x500ml	4.95	19.80	
Tea, powder (25g)	1 Kgs	1.12	44.80	
Eggs	2units	9.43	18.86	
Salt	1 Kgs	3.00	3.00	

Sub total **825.33**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	2x 90Kg bags	84.00	168.00
Soap (Lifebouy)	10 Tablets	3.16	31.60
Wash soap (Boom)	4x400g	3.37	13.48
Jelly (e.g Vaseline)	1x500ml	10.60	10.60
Electricity (medium density - fixed)		265.00	265.00
Water & Sanitation (medium cost - fixed)		240.00	240.00
Housing (medium density - 3 bedroom)		1,006.00	1,006.00

Sub Total **1,734.68**

Total for Basic Needs Basket

2,560.01

Totals from previous months	Feb 13	Mar 13	Apr 13	May 13	June 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14
Amount (K)	2,994.35	3,001.15	2,988.90	3,003.95	3,013.65	3,003.83	3,011.77	3,006.51	3,011.35	3,014.68	3,048.46	3,053.03	

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K100.00	Consultation Fee	K10.00
Grades 8-9 (User+PTA/year)	K260.00	Mosquito Net (pregnant / ↓5)	K12.00
Grades 10-12 (User+PTA/year)	K340.00		
School Uniform	K210.00 – K450.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.00
Chawama-Town	K6.00	Diesel (per litre)	K7.00
Mitec-Town	K6.00	Kerosene (per litre)	-
Messenger – Town	K6.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika
3,605.01	2,276.68	2,247.85	1,985.94	2,889.81	3,053.03	2,211.73	2,197.32	1,613.56

This survey was conducted on 29th to 30th March, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kyawama Market, Main Market, Zambia Market, Mitec Market, and Messenger Market. Additional information was obtained from ZESCO, Solwezi water and Sewerage Company and schools, clinics and houses around Solwezi. The March Basic Needs Basket is approximately US\$415 based upon the average exchange rate of K 6.1714 per US\$ prevailing on 29th and 30th March, 2014. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Solwezi March 2014 Basic Needs and Nutrition Basket Report

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