

JCTR BASIC NEEDS BASKET: MPIKA

March 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (Breakfast)	71.80	2 x 25Kgs	143.60	
Beans	8.80	3 Kgs	26.40	
Kapenta (dry)	30.80	2 Kgs	61.60	
Bream, smoked	36.20	1Kgs	36.20	
Beef, mixed cut	31.20	4kg	124.80	
Dark green vegetable	2.80	4 Kgs	11.20	
Tomatoes	7.20	4 Kgs	28.80	
Onion, large	7.80	2 Kgs	15.60	
Cooking oil (2.5Ltrs)	41.20	3 litres	49.44	
Bread wheat, refined flour, baked	6.00	1 loaf/day	180.00	
Sugar	18.40	6 Kgs	55.20	
Milk, long life 500ml	5.60	500ml	22.40	
Tea, powder	13.20	1 Kgs	13.20	
Eggs	10.00	2 units	20.00	
Salt	4.60	1Kgs	4.60	
Sub total				793.04

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	43.92	180Kgs	87.84
Soap (Lifebuoy)	4.60	10 Tablets	46.00
Wash soap (Boom)	5.80	4x400g	23.20
Jelly (e.g. Vaseline)	13.40	1x500ml	13.40
Electricity (medium density - fixed)	125.00		125.00
Water & Sanitation (medium cost - fixed)	74.00		74.00
Housing (medium density - 3 bedroom)	450.00		450.00

Sub total **819.44**

Total for basic needs basket **1,612.48**

Totals from previous months	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14
Amount (K)	1,424.60	1,438.42	1,445.22	1,522.94	1,524.18	1,529.54	1,494.86	1,502.28	1,523.52	1,539.04	1,563.00	1,613.56	-

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K65.00	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K365.00	Mosquito Net (pregnant / ↓5)	K3.00
Grades 10-12 (User+PTA/year)	K1, 650.00	Malaria slide (private-Roan)	K35.00
School Uniform	K200.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K9.91
Tazara-Town	K60.00	Diesel (per litre)	K9.20
Chilonga-Town	K140.00	Kerosene (per litre)	-
Lwitikila- Town	K100.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Solwezi	Monze	Chipata	Kabwe	Livingstone	Mpika	Luanshya
3,687.72	2,361.74	2,560.01	2,240.32	2,269.13	2,540.23	2,765.92	1,612.48	2,373.32

This survey was conducted on 31st March, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara, Old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, Water and Sewerage Companies, Schools, Clinics and Houses around Mpika. The March Basic Needs Basket is approximately US\$264 based upon the exchange rate of K 6.0931 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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2014-03-30

Mpika March 2014 Basic Needs and Nutrition Basket Report

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