

JCTR BASIC NEEDS BASKET: LUSAKA

March 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie Meal (breakfast)	70.14	2 x 25Kgs	140.28	
Beans	21.37	3 Kgs	64.11	
Kapenta (dry)	107.52	2 Kgs	215.04	
Bream (dry)	101.59	1Kgs	101.59	
Beef, mixed cut	29.36	4 Kgs	117.54	
Dark green vegetable	7.47	4 Kgs	29.88	
Tomatoes	5.41	4 Kgs	21.64	
Onion, large	8.78	2 Kgs	17.56	
Cooking oil (2.5 Ltrs)	35.96	3 litres	43.15	
Bread wheat, refined floor, baked	4.98	1 loaf/day	149.40	
Sugar	15.64	6 Kgs	46.92	
Milk (fresh)	5.54	4x500ml	22.16	
Tea, powder (250g)	12.83	1 Kgs	51.32	
Eggs	9.50	2 Units	19.00	
Salt	4.57	1Kgs	4.57	
Sub Total				1,044.06

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	125.00	180 Kgs	250.00
Soap (Lifebuoy/Champion)	3.04	10 Tablets	30.40
Wash soap (Boom)	4.93	4x400g	19.72
Jelly (e.g. Vaseline)	11.54	1x500ml	11.54
Electricity (med. density - fixed)	372.00		372.00
Water & Sanitation (med. cost - fixed)	210.00		210.00
Housing (med. density - 3 bedroom)	1,750.00		1,750.00

Sub Total 2,643.66

Total for Basic Needs Basket 3,687.72

Totals from previous months	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14
Amount (K)	3,645.44	3,616.18	3,593.60	3,625.20	3,684.46	3,638.42	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54	3,601.01	3,616.28

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.91
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.20
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.83

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Solwezi	Monze	Chipata	Kabwe	Livingstone	Mpika	Luanshya
3,687.72	2,361.74	2,560.01	2,240.32	2,269.13	2,540.23	2,765.92	1,612.48	2,373.32

This survey was conducted on 27th March, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chainta, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The March Basic Needs Basket is approximately US\$580 based upon the exchange rate of K6.3627 per US\$ prevailing on the day of data collection.

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Lusaka March 2014 Basic Needs and Nutrition Basket Report

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