

# JCTR BASIC NEEDS BASKET: LIVINGSTONE

March 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

Commodity	Quantity	Kwacha	Total	Kwacha
Mealie meal (breakfast)	2 x 25Kgs	69.36	138.72	
Beans	3 Kgs	14.86	44.58	
Kapenta (dry)	2 Kgs	81.14	162.28	
Bream, smoked	1Kgs	68.67	68.67	
Beef, mixed cut	4Kgs	35.71	142.84	
Dark green vegetable	4 Kgs	14.58	58.32	
Tomatoes	4 Kgs	8.43	33.72	
Onion, large	2 Kgs	7.86	15.72	
Cooking oil (2.5 Ltrs)	3 Ltrs	35.14	42.17	
Bread wheat, refined flour, baked	1loaf/day	5.70	171.00	
Sugar	6 Kgs	16.43	49.29	
Milk long life (500ml)	500 mL	5.97	23.88	
Tea, powder	1 Kgs	26.21	26.21	
Eggs	2units	9.05	18.10	
Salt	1 Kgs	5.14	5.14	
<b>Sub total</b>				<b>1,000.64</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90 Kg bags)	2x 90Kg bags	77.50	155.00
Soap (Lifebouy)	10 Tablets	3.14	31.40
Wash soap (Boom)	4x400g	5.31	21.24
Jelly (e.g. Vaseline)	1x500ml	26.64	26.64
Electricity (medium density - fixed)		226.00	226.00
Water & Sanitation (medium cost - fixed)		55.00	55.00
Housing (medium density - 3 bedroom)		1,250.00	1,250.00
<b>Sub total</b>			<b>1,765.28</b>

### Total for Basic Needs Basket

**2,765.92**

Totals from previous months	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14
Amount (K)	2,273.36	2,262.90	2,308.72	2,650.34	2,684.01	2,686.51	2,672.00	2,672.79	2,667.68	2,707.61	2,709.05	2,708.99	-

## (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip):	
Grades 1-7 (PTA+Project/year)	K105.00	Dambwa-Town	K8.00
Grades 8-9 (User+PTA/year)	K490.00	Maramba-Town	K8.00
Grades 10-12 (User+PTA/year)	K1, 077.00	Victoria Falls-Town	K14.00
School Uniform	K235.00 - K270.00	Taxi Fare Round Trips	K8.00
Health		Fuel (cost at the pump)	
Consultation Fee	K30.00	Petrol (per litre)	K9.91
CD4 count	K50.00 (high cost)	Diesel (per litre)	K9.20
Fast-Track	K50.00	Kerosene (per litre)	K6.00
Mosquito Net (private)	K34.00		

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Solwezi	Monze	Chipata	Kabwe	Livingstone	Mpika	Luanshya
3,687.72	2,361.74	2,560.01	2,240.32	2,269.13	2,540.23	2,765.92	1,612.48	2,373.32

This survey was conducted on 25<sup>th</sup> - 27<sup>th</sup> March, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The March Basic Needs Basket is approximately **US\$446** based upon the average exchange rate of **K 6.2046** per **US\$** prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

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# Livingstone March 2014 Basic Needs and Nutrition Basket Report

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