

JCTR BASIC NEEDS BASKET: KASAMA

March 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Quantity	Kwacha	Total	Kwacha
Mealie meal (breakfast)	2 x 25Kgs	79.60	159.20	
Beans	3 Kgs	6.50	19.50	
Kapenta (dry)	2 Kgs	80.00	160.00	
Bream, smoked	1Kg	50.00	50.00	
Meat mixed cut	4 Kgs	27.00	108.00	
Dark green vegetable	4 Kgs	2.80	11.20	
Tomato	4 Kgs	6.10	24.40	
Onion, large	2 Kgs	13.20	26.40	
Cooking oil (2.5 Ltrs)	3 Ltrs	35.40	42.48	
Bread wheat, refined flour, baked	1 loaf/day	5.10	153.00	
Sugar	6 Kgs	15.64	46.92	
Milk (long-life) 500ml	4x500ml	5.26	21.04	
Tea, powder (125g)	1Kg	6.00	48.00	
Eggs	2units	9.43	18.86	
Salt	1 Kg	3.74	3.74	
Sub total				892.74

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	180Kg bags	54.00	108.00	
Bathing Soap	10 Tablets	5.60	56.00	
Wash soap (Boom)	4x400g	4.78	19.12	
Jelly (e.g Vaseline)	1x500ml	10.88	10.88	
Electricity (med. density - fixed)		225.00	225.00	
Water & Sanitation (med. cost - fixed)		50.00	50.00	
Housing (med. density - 3 bedroom)		1,000.00	1,000.00	
Sub total				1,469.00

Total Basic needs basket

2,361.74

Totals from previous months	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14
Amount (K)	-	1,522.74	2,043.44	2,185.72	2,131.54	2,109.28	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K55.00 – K100.00	Consultation Fee	
Grades 8-9 (User+PTA/year)	K250.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K6.00	Petrol (per litre)	K9.91
Location-Town	K6.00	Diesel (per litre)	K9.20
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	-

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN MARCH

Lusaka	Kasama	Solwezi	Monze	Chipata	Kabwe	Livingstone	Mpika	Luanshya
3,687.72	2,361.74	2,560.01	2,240.32	2,269.13	2,540.23	2,765.92	1,612.48	2,373.32

This survey was conducted on 29th March, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The March Basic Needs Basket is approximately **US\$383** based upon an exchange rate of **K6.1714** per **US\$** prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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2014-03-30

Kasama March 2014 Basic Needs and Nutrition Basket Report

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