

# JCTR BASIC NEEDS BASKET: LUSAKA

February 2014

## (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie Meal (breakfast)	68.86	2 x 25Kgs	137.72	
Beans	21.31	3 Kgs	63.93	
Kapenta (dry)	109.60	2 Kgs	229.20	
Bream (dry)	70.15	1Kgs	70.15	
Beef, mixed cut	30.58	4 Kgs	122.32	
Dark green vegetable	5.21	4 Kgs	20.84	
Tomatoes	7.54	4 Kgs	30.16	
Onion, large	6.12	2 Kgs	12.24	
Cooking oil (2.5 Ltrs)	33.64	3 litres	40.37	
Bread wheat, refined flour, baked	4.73	1 loaf/day	141.90	
Sugar	15.64	6 Kgs	40.37	
Milk (fresh)	5.11	4x500ml	20.44	
Tea, powder (250g)	12.68	1 Kgs	50.72	
Eggs	9.14	2 Units	18.28	
Salt	4.21	1Kgs	4.21	
<b>Sub Total</b>				<b>999.40</b>

## (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	112.00	180 Kgs	225.00	
Soap (Lifebuoy/Champion)	3.08	10 Tablets	30.80	
Wash soap (Boom)	4.56	4x400g	18.24	
Jelly (e.g. Vaseline)	10.84	1x500ml	10.84	
Electricity (med. density - fixed)	372.00		372.00	
Water & Sanitation (med. cost - fixed)	210.00		210.00	
Housing (med. density - 3 bedroom)	1,750.00		1,750.00	
<b>Sub Total</b>				<b>2,616.88</b>
<b>Total for Basic Needs Basket</b>				<b>3,616.28</b>

Totals from previous months	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14
Amount (K)	3,469.68	3,645.44	3,616.18	3,593.60	3,625.20	3,684.46	3,638.42	3,581.13	3,536.69	3,575.37	3,557.81	3,538.54	3,601.01

## (C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
<b>Education</b>		<b>Transport (bus fare round trip)</b>	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
<b>Health (clinic)</b>		<b>Fuel (cost at the pump)</b>	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.91
Self referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.20
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.83

## (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN FEBRUARY

Lusaka	Kasama	Mansa	Ndola	Monze	Chipata	Kabwe
3,616.28	2,383.60	2,259.44	3,143.76	2,266.13	2,219.13	2,527.80

This survey was conducted on 27<sup>th</sup> February, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The February Basic Needs Basket is approximately US\$625 based upon the exchange rate of K5.7865 per US\$ prevailing on the day of data collection.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia  
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Website: [www.jctr.org.zm](http://www.jctr.org.zm)  
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

---

Reports

Advocacy on Living Conditions

---

2014-02-28

# Lusaka February 2014 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

---

<https://hdl.handle.net/20.500.14274/1563>

*Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)*