

JCTR BASIC NEEDS BASKET: MONGU

April 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN MONGU

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal(breakfast)	78.83	2 x 25Kgs	157.66	
Beans	16.00	3 Kgs	48.00	
Kapenta (dry)	24.80	2 Kgs	49.60	
Bream, smoked	38.00	1 Kgs	38.00	
Mixed cut meat	22.48	4 Kgs	89.92	
Dark green vegetable	4.60	4 Kgs	18.40	
Tomatoes	5.00	4 Kgs	20.00	
Onion, large	6.30	2 Kgs	12.60	
Cooking oil (2.5 Ltrs)	31.67	3 Ltrs	38.00	
Bread wheat, refined floor, baked	6.33	1loaf/day	189.90	
Sugar	14.00	6 Kgs	42.00	
Milk long life (500ml)	4.92	2 Ltrs	19.68	
Tea, powder	14.65	1 Kgs	14.65	
Eggs	9.20	2units	18.40	
Salt	2.45	1 Kgs	2.45	
Sub Total				759.26

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bag)	72.00	180Kgs	144.00
Soap (Lifebouy)	4.00	10 Tablets	40.00
Wash soap (Boom)	4.41	4x400g	17.64
Jelly (e.g. Vaseline)	11.65	1x500ml	11.65
Electricity (medium density - fixed)	150.00		150.00
Water & Sanitation (medium cost - fixed)	135.00		135.00
Housing (medium density - 3 bedroom)	700.00		700.00

Sub Total

1,198.29

Total for Basic Needs Basket

1,957.55

Totals from previous months	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14
Amount (K)	2,100.34	1,818.76	1,530.46	1,564.29	1,525.38	2,047.31	1,780.46	-	-	-	1,985.94	-	-

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K30.00-K70.00	Malaria Slide	Free
Grades 10-12 (User+PTA/year)	K30.00 – K70.00	Mosquito Net	-
School Uniform	K100.00-K170.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Town-Limulunga	K10.00	Diesel (per litre)	K10.01
Town-Manganda	K10.00	Kerosene (per litre)	K7.48
Town-Shoprite	K5.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN APRIL

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone
3,650.01	2,311.22	2,301.48	1,957.55	3,176.74	3,176.85	2,251.48	2,247.32	1,622.92	2,567.55	2,295.62	2,429.24	2,920.70

This survey was conducted on 26th April, 2014 by the Social Conditions Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Limulunga Market, Mulambwa Market, Central Market, Town Centre Market, Imwiko market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Western Water and Sewerage Company and schools, clinics and houses around Mongu. The April Basic Needs Basket is approximately **US\$313** based upon the exchange rate of **K 6.2552** per US\$ prevailing on 25th April, 2014. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Jesuit Centre for Theological Reflection (JCTR)

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Mongu April 2014 Basic Needs and Nutrition Basket Report

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