

# JCTR BASIC NEEDS BASKET: CHOMA

## DECEMBER 2014

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN CHOMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	67.18	2 x 25Kgs	134.36	
Beans	13.88	3 Kgs	41.64	
Kapenta (dry)	77.08	2 Kgs	154.16	
Bream (dry)	62.50	1Kgs	62.50	
Beef, mixed cut	26.00	4 Kgs	104.00	
Dark green vegetable	2.30	4 Kgs	9.20	
Tomatoes	4.88	4 Kgs	19.52	
Onion, large	14.13	2 Kgs	28.26	
Cooking oil (2.5 Ltrs)	35.95	3 litres	43.14	
Bread wheat, refined flour, baked	6.00	1 loaf/day	180.00	
Sugar	17.58	6 Kgs	52.74	
Milk (fresh)	5.70	4x500ml	22.80	
Tea, powder	60.21	4 Kgs	240.84	
Eggs	9.13	2 Units	18.26	
Salt	3.73	1Kgs	3.73	

*Sub Total*

**1,115.15**

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	138.00	2x 90Kg bags	276.00
Soap (Lifebuoy/Champion)	3.23	10 Tablets	32.30
Wash soap (Boom)	5.68	4x400g	22.72
Jelly (e.g Vaseline)	17.30	1x500ml	17.30
Electricity (medium density - fixed)	301.37		301.37
Water & Sanitation (medium cost - fixed)	95.00		95.00
Housing (medium density - 3 bedroom)	1,200.00		1,200.00

*Sub Total*

**1,944.69**

*Total for Basic Needs Basket*

**3,059.84**

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	2,245.34	2,283.31	2,316.05	2,311.62	2,318.77	2,315.93	2,295.36	2,775.50	2,709.80	2,837.23	2,837.23	2,658.54	2,859.52

### (C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K180.00	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K750.00	Mosquito Net	K25.00
Grades 10-12 (User+PTA/year)	K1, 350.00	Malaria Tests (private)	K50.00
School Uniform	K320.00 – K450.00	CD4 count (private)	K50.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Shampande -Town	K8.00	Petrol (per litre)	K9.89
Macha Road-Town	K7.00	Diesel (per litre)	K9.19
Show grounds	K30.00	Paraffin (per litre)	K6.77

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

*This survey was conducted on 29<sup>th</sup>, 30<sup>th</sup> and 31<sup>st</sup> December, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Macha road market, Makalanguzu market, Kalukungu market and Spar. Additional information was obtained from ZESCO, the Southern Province Water and Sewerage Company and schools, clinics and houses around Choma. The December Basic Needs Basket is approximately US\$481 based upon the exchange rate of K 6.3593 per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: [basicjctr@jesuits.org.zm](mailto:basicjctr@jesuits.org.zm) Internet: [www.jctr.org.zm](http://www.jctr.org.zm)

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

**Jesuit Centre for Theological Reflection (JCTR)**

**JCTR Repository**

**<https://repository.jctr.org.zm>**

---

Reports

Advocacy on Living Conditions

---

2014-12-30

# Choma December 2014 Basic Needs and Nutrition Basket Report

Jesuit Centre for Theological Reflection

Jesuit Centre for Theological Reflection

---

<https://hdl.handle.net/20.500.14274/1551>

*Downloaded from JCTR Repository, Jesuit Centre for Theological Reflection (JCTR)*