

JCTR BASIC NEEDS BASKET: LUSAKA

DECEMBER 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUSAKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	66.07	2 x 25Kgs	132.14	
Beans	32.89	3 Kgs	98.67	
Kapenta (dry)	139.08	2 Kgs	278.16	
Bream (dry)	124.81	1Kgs	124.81	
Beef, mixed cut	34.78	4 Kgs	139.12	
Dark green vegetable	6.26	4 Kgs	25.04	
Tomatoes	6.30	4 Kgs	25.20	
Onion, large	9.86	2 Kgs	19.72	
Cooking oil (2.5 Ltrs)	38.80	3 litres	46.56	
Bread wheat, refined flour, baked	5.00	1 loaf/day	150.00	
Sugar	17.57	6 Kgs	52.71	
Milk (fresh)	5.63	4x500ml	22.52	
Tea, powder	16.30	4 Kgs	65.20	
Eggs	8.76	2 Units	17.52	
Salt	4.11	1Kgs	4.11	

Sub Total **1,201.48**

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	151.50	2x 90Kg bags	303.00
Soap (Lifebuoy/Champion)	3.36	10 Tablets	33.60
Wash soap (Boom)	5.57	4x400g	22.28
Jelly (e.g Vaseline)	12.86	1x500ml	12.86
Electricity (medium density - fixed)	372.00		372.00
Water & Sanitation (medium cost - fixed)	210.00		210.00
Housing (medium density - 3 bedroom)	1,750.00		1,750.00

Sub Total **2,703.74**

Total for Basic Needs Basket **3,905.22**

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	3,557.81	3,538.54	3,605.01	3,616.28	3,687.72	3,650.01	3,636.46	3,681.14	3,692.34	3,742.60	3,703.02	3,635.83	3,694.44

(C) SOME OTHER ADDITIONAL COSTS

Item	Kwacha	Item	Kwacha
Education		Transport (bus fare round trip)	
Grades 8-9 (User + PTA/year)	K400.00 – K600.00	Chilenje-Town	K9.00
Grades 10-12 (User + PTA/year)	K650.00 – K1, 300.00	Chelstone -Town	K9.60
School Uniform (grades 8-12)	K90.00 – K200.00	Matero-Town	K8.40
Health (clinic)		Fuel (cost at the pump)	
Registration (book)	K3.00 - K5.00	Petrol (per litre)	K9.89
Self-referral (Emergency Fee)	K 5.500	Diesel (per litre)	K9.19
Mosquito Net (private)	K30.00 – K120.00	Paraffin (per litre)	K6.77

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

This survey was conducted on 29th & 31st December, 2014 by the Social & Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of prices gathered from retail outlets at Northmead, Shoprite (Cairo Road), City Market, Chawama, Chanda, Kabwata, Matero and schools, clinics/hospitals and filling stations around Lusaka. The December Basic Needs Basket is approximately US\$614 based upon the exchange rate of K6.3558 per US\$ prevailing on the day of data collection.

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2014-12-30

Lusaka December 2014 Basic Needs and Nutrition Basket Report

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