

# JCTR BASIC NEEDS BASKET: MONGU

## DECEMBER 2014

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MONGU

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	61.00	2 x 25Kgs	122.00	
Beans	16.30	3 Kgs	48.90	
Kapenta (dry)	23.46	2 Kgs	46.92	
Bream (dry)	0.00	1Kgs	0.00	
Beef, mixed cut	23.92	4 Kgs	95.68	
Dark green vegetable	4.67	4 Kgs	18.68	
Tomatoes	4.32	4 Kgs	17.28	
Onion, large	7.00	2 Kgs	14.00	
Cooking oil (2.5 Ltrs)	36.17	3 litres	43.40	
Bread wheat, refined flour, baked	5.83	1 loaf/day	174.90	
Sugar	14.12	6 Kgs	42.36	
Milk (fresh)	4.83	4x500ml	19.32	
Tea, powder	11.67	4 Kgs	46.68	
Eggs	9.83	2 Units	19.66	
Salt	2.63	1Kgs	2.63	

**Sub Total**

**712.41**

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	58.50	2x 90Kg bags	117.00
Soap (Lifebuoy/Champion)	3.98	10 Tablets	39.80
Wash soap (Boom)	4.58	4x400g	18.32
Jelly (e.g Vaseline)	10.75	1x500ml	10.75
Electricity (medium density - fixed)	150.00		150.00
Water & Sanitation (medium cost - fixed)	135.00		135.00
Housing (medium density - 3 bedroom)	700.00		700.00

**Sub Total**

**1,170.87**

**Total for Basic Needs Basket**

**1,883.28**

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	-	-	1,985.94	-	-	1,957.55	1,940.22	1,955.62	1,949.08	1,952.50	-	1,972.76	-

### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	Free	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K30.00-K70.00	Malaria Slide	Free
Grades 10-12 (User+PTA/year)	K30.00 – K70.00	Mosquito Net	-
School Uniform	K100.00-K170.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K10.63
Town-Limulunga	K10.00	Diesel (per litre)	K10.01
Town-Manganda	K10.00	Kerosene (per litre)	K7.48
Town-Shoprite	K5.00		

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

*This survey was conducted on 30<sup>th</sup> December, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Limulunga Market, Mulambwa Market, Central Market, Town Centre Market, Imwiko market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Western Water and Sewerage Company and schools, clinics and houses around Mongu. The December Basic Needs Basket is approximately US\$296 based upon the exchange rate of K 6.3664 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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**Jesuit Centre for Theological Reflection (JCTR)**

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2014-12-30

# Mongu December 2014 Basic Needs and Nutrition Basket Report

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