

# JCTR BASIC NEEDS BASKET: LIVINGSTONE

## DECEMBER 2014

### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	65.07	2 x 25Kgs	130.14	
Beans	17.00	3 Kgs	51.00	
Kapenta (dry)	111.57	2 Kgs	223.14	
Bream (dry)	48.57	1Kgs	48.57	
Beef, mixed cut	26.43	4 Kgs	105.72	
Dark green vegetable	3.43	4 Kgs	13.72	
Tomatoes	8.14	4 Kgs	32.56	
Onion, large	7.28	2 Kgs	14.56	
Cooking oil (2.5 Ltrs)	30.75	3 litres	36.90	
Bread wheat, refined flour, baked	5.71	1 loaf/day	171.30	
Sugar	16.81	6 Kgs	50.43	
Milk (fresh)	5.48	4x500ml	21.92	
Tea, powder	47.57	4 Kgs	190.28	
Eggs	10.00	2 Units	20.00	
Salt	4.26	1Kgs	4.26	

**Sub Total** **1,114.50**

### (B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	141.43	2x 90Kg bags	282.86
Soap (Lifebuoy/Champion)	4.07	10 Tablets	40.70
Wash soap (Boom)	69.43	4x400g	277.72
Jelly (e.g Vaseline)	12.36	1x500ml	12.36
Electricity (medium density - fixed)	226.00		226.00
Water & Sanitation (medium cost - fixed)	55.00		55.00
Housing (medium density - 3 bedroom)	1,250.00		1,250.00

**Sub Total** **2,144.64**

**Total for Basic Needs Basket** **3,259.14**

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	2,707.61	2,709.05	2,708.99	-	2,765.92	2,920.70	2,903.00	-	2,785.75	2,832.63	2,818.49	2,819.96	3,017.36

### (C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Transport (bus fare round trip):	
Grades 1-7 (PTA+Project/year)	K490.00	Dambwa-Town	K8.00
Grades 8-9 (User+PTA/year)	K750.00	Maramba-Town	K8.00
Grades 10-12 (User+PTA/year)	K1,392.00	Victoria Falls-Town	K14.00
School Uniform	K235.00 - K270.00	Taxi Fare Round Trips	K8.00
Health		Fuel (cost at the pump)	
Consultation Fee	K30.00	Petrol (per litre)	K9.89
CD4 count	K50.00 (high cost)	Diesel (per litre)	K9.19
Fast-Track	K50.00	Kerosene (per litre)	K6.77
Mosquito Net (private)	K54.00		

### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

*This survey was conducted on 29<sup>th</sup> – 30<sup>th</sup> December, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbita Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The December Basic Needs Basket is approximately US\$513 based upon the average exchange rate of K 6.3512 per US\$ prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc*

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**JCTR Repository**

**<https://repository.jctr.org.zm>**

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Reports

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2014-12-30

# Livingstone December 2014 Basic Needs and Nutrition Basket Report

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