

JCTR BASIC NEEDS BASKET: MPIKA

DECEMBER 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN MPIKA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	68.80	2 x 25Kgs	137.60	
Beans	11.60	3 Kgs	34.80	
Kapenta (dry)	68.00	2 Kgs	136.00	
Bream (dry)	77.00	1Kgs	77.00	
Beef, mixed cut	31.20	4 Kgs	124.80	
Dark green vegetable	4.40	4 Kgs	17.60	
Tomatoes	7.80	4 Kgs	31.20	
Onion, large	9.80	2 Kgs	19.60	
Cooking oil (2.5 Ltrs)	38.20	3 litres	45.84	
Bread wheat, refined flour, baked	6.00	1 loaf/day	180.00	
Sugar	18.40	6 Kgs	55.20	
Milk (fresh)	6.10	4x500ml	24.40	
Tea, powder	21.60	4 Kgs	86.40	
Eggs	10.00	2 Units	20.00	
Salt	4.60	1Kgs	4.60	
Sub Total				995.04

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	52.20	2x 90Kg bags	104.40
Soap (Lifebuoy/Champion)	4.40	10 Tablets	44.00
Wash soap (Boom)	5.90	4x400g	23.60
Jelly (e.g Vaseline)	12.60	1x500ml	12.60
Electricity (medium density - fixed)	350.00		350.00
Water & Sanitation (medium cost - fixed)	125.00		125.00
Housing (medium density - 3 bedroom)	500.00		500.00

Sub Total **1,159.60**

Total for Basic Needs Basket **2,154.64**

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	1,539.04	1,563.00	1,563.20	-	1,612.48	1,622.92	1,683.04	1,682.76	1,680.76	2,035.46	2,034.08	2,034.08	1,997.46

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K65.00	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K365.00	Mosquito Net (pregnant / ↓5)	K3.00
Grades 10-12 (User+PTA/year)	K1, 650.00	Malaria slide (private-Roan)	K35.00
School Uniform	K200.00	Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K9.89
Tazara-Town	K60.00	Diesel (per litre)	K9.19
Chilonga-Town	K140.00	Kerosene (per litre)	K6.77
Lwitikila- Town	K100.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

*This survey was conducted on 30th December, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Tazara Market, Tazara old Market, Musakanya Market, Chilonga Market and Town centre. Additional information was obtained from ZESCO, water and Sewerage Companies, schools, clinics and houses around Mpika. The December Basic Needs Basket is approximately **US\$338** based upon the exchange rate of **K 6.3664** per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.*

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Reports

Advocacy on Living Conditions

2014-12-30

Mpika December 2014 Basic Needs and Nutrition Basket Report

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