

JCTR BASIC NEEDS BASKET: KASAMA

DECEMBER 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	73.50	2 x 25Kgs	147.00	
Beans	11.16	3 Kgs	33.48	
Kapenta (dry)	95.50	2 Kgs	191.00	
Bream (dry)	73.75	1Kgs	73.75	
Beef, mixed cut	32.80	4 Kgs	131.20	
Dark green vegetable	5.00	4 Kgs	20.00	
Tomatoes	5.00	4 Kgs	20.00	
Onion, large	6.00	2 Kgs	12.00	
Cooking oil (2.5 Ltrs)	35.40	3 litres	42.48	
Bread wheat, refined flour, baked	5.50	1 loaf/day	165.00	
Sugar	16.14	6 Kgs	48.42	
Milk (fresh)	5.76	4x500ml	23.04	
Tea, powder	14.40	4 Kgs	57.60	
Eggs	9.33	2 Units	18.66	
Salt	4.56	1Kgs	4.56	

Sub Total

988.19

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	99.00	2x 90Kg bags	198.00
Soap (Lifebuoy/Champion)	3.00	10 Tablets	30.00
Wash soap (Boom)	5.30	4x400g	21.20
Jelly (e.g Vaseline)	9.70	1x500ml	9.70
Electricity (medium density - fixed)	225.00		225.00
Water & Sanitation (medium cost - fixed)	82.00		82.00
Housing (medium density - 3 bedroom)	1,000.00		1,000.00

Sub Total

1,565.90

Total for Basic Needs Basket

2,554.09

Totals from previous months	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14	Nov 14
Amount (K)	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22	2,337.41	2,306.54	2,726.30	2,287.14	2,594.33	2,612.90	2,525.26

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K9.89
Location-Town	K10.00	Diesel (per litre)	K9.19
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K6.77

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN DECEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,905.22	2,554.09	2,274.41	1,883.28	3,666.84	3,713.68	2,179.28	2,285.38	2,154.64	2,904.56	2,629.68	3,187.67	3,259.14	3,059.84	-

This survey was conducted on 30th December, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The December Basic Needs Basket is approximately US\$401 based upon an exchange rate of K6.3664 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Advocacy on Living Conditions

2014-12-30

Kasama December 2014 Basic Needs and Nutrition Basket Report

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