#### (A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN CHIPATA Commodity Total Kwacha Quantity

Mealie meal (breakfast)	81.00	2 x 25Kgs	162.00
Beans	14.50	3 Kgs	43.50
Kapenta (dry)	95.00	2 Kgs	190.00
Bream, smoked	60.00	1 Kgs	60.00
Mixed cut meat	22.80	4Kgs	91.20
Dark green vegetable	9.50	4 Kgs	38.00
Tomatoes	6.71	4 Kgs	26.84
Onion, large	9.42	2 Kgs	18.84
Cooking oil (2.5Ltrs)	36.00	3 Ltrs	43.20
Bread wheat, refined flour, baked	5.92	1loaf/day	177.60
Sugar	15.75	6 Kgs	47.25
Milk long life (500ml)	4.67	4x500mL	18.68
Tea, powder	11.66	1 Kgs	11.66
Eggs	11.08	2units	22.16
Salt	5.80	1 Kgs	5.80
Sub Total		-	

#### **(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal	84.00	2x 90Kg bags	168.00
Soap (Lifebuoy)	3.33	10 Tablets	33.30
Wash soap (Boom)	5.16	4x400g	20.64
Jelly (e.g. Vaseline)	12.21	1x500ml	12.21
Electricity (medium density - fixed)	223.00		223.00
Water & Sanitation (medium cost - fixed)	163.11		163.11
Housing (medium density - 3 bedroom)	700.00		700.00
Sub Total			

#### Total for Basic Needs Basket

Totals from previous months	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	April 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14
Amount (K)	2,184.85	2,184.85	2,197.32	2,197.32	2,219.13	2,269.13	2,247.32	2,266.83	2,274.17	2,275.69	2,283.69	2,276.99	2,276.99

(C) SOME OTHER ADDITIONAL COST											
Item	K	Item	К								
Education		Health									
Grades 1-7 (PTA+Project/year)	K70.00	Consultation Fee	Free								
Grades 8-9 (User+PTA/year)	K300.00	Mosquito Net (pregnant / 15)	K5.00								
Grades 10-12 (User+PTA/year)	K550.00	Malaria Tests (private)	K7.00								
School Uniform K200.	00 - K250.00	CD4 count (private)	K30.00								
Transport (bus fare round trip):		Fuel (cost at the pump)									
Border -Town	K40.00	Petrol (per litre)	K10.06								
Gonder-Town	K20.00	Diesel (per litre)	K10.00								
Kapata – Town	K30.00	Paraffin (per litre)	K7.48								

#### (D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,694.44	2,525.26	2,147.92	-	3,182.25	3,305.28	2,255.85	2,276.99	1,997.46	2,954.81	2,463.82	3,004.12	3,017.36	2,859.52	2,032.50

This survey was conducted on 25<sup>th</sup> to 27<sup>th</sup> November, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Kapata Market, Saturday Market, Navutika Market, Kaumbwe Market, Magazine Market and Shoprite. Additional information was obtained from ZESCO, the Eastern Province water and Sewerage Company and schools, clinics and houses around Chipata. The November Basic Needs Basket is approximately US\$361 based upon the average exchange rate of K 6.3094 per US\$ prevailing on days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc. Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia

Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Internet: www.jctr.org.zm

Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

2,276.99

956.73

Kwacha

1,320.26

### Jesuit Centre for Theological Reflection (JCTR)

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Reports

Advocacy on Living Conditions

2014-11-30

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