

JCTR BASIC NEEDS BASKET: KASAMA

November 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	73.00	2 x 25Kgs	146.00	
Beans	10.96	3 Kgs	32.88	
Kapenta (dry)	84.99	2 Kgs	169.98	
Bream, smoked	27.50	1Kg	27.50	
Meat mixed cut	30.60	4 Kgs	122.40	
Dark green vegetable	3.40	4 Kgs	13.60	
Tomatoe	7.60	4 Kgs	30.40	
Onion, large	7.40	2 Kgs	14.80	
Cooking oil (2.5 Ltrs)	35.85	3 Ltrs	43.02	
Bread wheat, refined flour, baked	5.50	1 loaf/day	165.00	
Sugar	16.84	6 Kgs	50.52	
Milk (long-life) 500ml	5.88	4x500ml	23.52	
Tea, powder	19.00	1Kg	76.00	
Eggs	9.19	2units	18.38	
Salt	4.46	1 Kg	4.46	
Sub total				938.46

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	99.00	180Kgs	198.00	
Bathing Soap	3.12	10 Tablets	31.20	
Wash soap (Boom)	9.70	4x400g	38.80	
Jelly (e.g Vaseline)	8.80	1x500ml	8.80	
Electricity (med. density - fixed)	225.00		225.00	
Water & Sanitation (med. cost - fixed)	85.00		85.00	
Housing (med. density - 3 bedroom)	1,000.00		1,000.00	
Sub total				1,586.80

Total Basic needs basket

2,525.26

Totals from previous months	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14	Oct 14
Amount (K)	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22	2,337.41	2,306.54	2,726.30	2,287.14	2,594.33	2,612.90

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K10.63
Location-Town	K10.00	Diesel (per litre)	K10.01
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,694.44	2,525.26	2,147.92	-	3,182.25	3,305.28	2,255.85	2,276.99	1,997.46	2,954.81	2,463.82	3,004.12	3,017.36	2,859.52	2,032.50

This survey was conducted on 30th November, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The November Basic Needs Basket is approximately US\$401 based upon an exchange rate of K6.2956 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Kasama November 2014 Basic Needs and Nutrition Basket Report

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