

JCTR BASIC NEEDS BASKET: LIVINGSTONE

November 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LIVINGSTONE

| Commodity | Kwacha | Quantity | Total | Kwacha |
|-----------------------------------|--------|-----------|--------|-----------------|
| Mealie meal (breakfast) | 65.93 | 2 x 25Kgs | 131.86 | |
| Beans | 17.33 | 3 Kgs | 51.99 | |
| Kapenta (dry) | 145.50 | 2 Kgs | 291.00 | |
| Bream, smoked | 84.00 | 1Kgs | 84.00 | |
| Beef, mixed cut | 26.29 | 4Kgs | 105.16 | |
| Dark green vegetable | 3.00 | 4 Kgs | 12.00 | |
| Tomatoes | 7.17 | 4 Kgs | 28.68 | |
| Onion, large | 6.28 | 2 Kgs | 12.56 | |
| Cooking oil (2.5 Ltrs) | 29.78 | 3 Ltrs | 35.74 | |
| Bread wheat, refined flour, baked | 5.71 | 1loaf/day | 171.30 | |
| Sugar | 17.46 | 6 Kgs | 52.38 | |
| Milk long life (500ml) | 5.98 | 500 mL | 23.92 | |
| Tea, powder | 44.71 | 1 Kgs | 44.71 | |
| Eggs | 9.71 | 2units | 19.42 | |
| Salt | 5.40 | 1 Kgs | 5.40 | |
| Sub total | | | | 1,070.12 |

(B) COST OF ESSENTIAL NON-FOOD ITEMS

| | | | | |
|--|----------|--------------|----------|-----------------|
| Charcoal (90 Kg bags) | 165.00 | 2x 90Kg bags | 330.00 | |
| Soap (Lifebuoy) | 3.86 | 10 Tablets | 38.60 | |
| Wash soap (Boom) | 6.00 | 4x400g | 24.00 | |
| Jelly (e.g. Vaseline) | 13.64 | 1x500ml | 13.64 | |
| Electricity (medium density - fixed) | 226.00 | | 226.00 | |
| Water & Sanitation (medium cost - fixed) | 65.00 | | 65.00 | |
| Housing (medium density - 3 bedroom) | 1,250.00 | | 1,250.00 | |
| Sub total | | | | 1,947.24 |

Total for Basic Needs Basket

3,017.36

| Totals from previous months | Oct 13 | Nov 13 | Dec 13 | Jan 14 | Feb 14 | Mar 14 | Apr 14 | May 14 | Jun 14 | Jul 14 | Aug 14 | Sept 14 | Oct 14 |
|-----------------------------|----------|----------|----------|----------|--------|----------|----------|----------|--------|----------|----------|----------|----------|
| Amount (K) | 2,667.68 | 2,707.61 | 2,709.05 | 2,708.99 | - | 2,765.92 | 2,920.70 | 2,903.00 | - | 2,785.75 | 2,832.63 | 2,818.49 | 2,819.96 |

(C) SOME OTHER ADDITIONAL COSTS

| Item | K | Item | K |
|-------------------------------|--------------------|----------------------------------|--------|
| Education | | Transport (bus fare round trip): | |
| Grades 1-7 (PTA+Project/year) | K490.00 | Dambwa-Town | K8.00 |
| Grades 8-9 (User+PTA/year) | K750.00 | Maramba-Town | K8.00 |
| Grades 10-12 (User+PTA/year) | K1, 392.00 | Victoria Falls-Town | K14.00 |
| School Uniform | K235.00 - K270.00 | Taxi Fare Round Trips | K8.00 |
| Health | | Fuel (cost at the pump) | |
| Consultation Fee | K30.00 | Petrol (per litre) | K10.63 |
| CD4 count | K50.00 (high cost) | Diesel (per litre) | K10.01 |
| Fast-Track | K50.00 | Kerosene (per litre) | K7.48 |
| Mosquito Net (private) | K54.00 | | |

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN NOVEMBER

| Lusaka | Kasama | Mansa | Mongu | Ndola | Solwezi | Monze | Chipata | Mpika | Luanshya | Kitwe | Kabwe | Livingstone | Choma | Chinsali |
|----------|----------|----------|-------|----------|----------|----------|----------|----------|----------|----------|----------|-------------|----------|----------|
| 3,694.44 | 2,525.26 | 2,147.92 | - | 3,182.25 | 3,305.28 | 2,255.85 | 2,276.99 | 1,997.46 | 2,954.81 | 2,463.82 | 3,004.12 | 3,017.36 | 2,859.52 | 2,032.50 |

This survey was conducted on 25th – 27th November, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Town Centre Market, Dambwa Market, Maramba Market, Mbata Market, Elaine Brittel Market, Kashitu Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Southern Water and Sewerage Company and schools, clinics and houses around Livingstone. The November Basic Needs Basket is approximately **US\$478** based upon the average exchange rate of **K 6.3094** per **US\$** prevailing the days of data collection. Please note that other monthly costs would include personal care, clothing, etc

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Reports

Advocacy on Living Conditions

2014-11-30

Livingstone November 2014 Basic Needs and Nutrition Basket Report

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