

JCTR BASIC NEEDS BASKET: KASAMA

February 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	77.40	2 x 25Kgs	154.80	
Beans	6.50	3 Kgs	19.50	
Kapenta (dry)	106.67	2 Kgs	213.34	
Bream, smoked	50.00	1Kg	50.00	
Meat mixed cut	33.75	4 Kgs	135.00	
Dark green vegetable	3.13	4 Kgs	12.52	
Tomatoes	5.80	4 Kgs	23.20	
Onion, large	14.00	2 Kgs	28.00	
Cooking oil (2.5 Ltrs)	34.40	3 Ltrs	41.28	
Bread wheat, refined flour, baked	5.10	1 loaf/day	153.00	
Sugar	15.44	6 Kgs	46.32	
Milk (long-life) 500ml	5.26	4x500ml	21.04	
Tea, powder (125g)	2.00	1Kg	16.00	
Eggs	9.43	2units	18.86	
Salt	3.74	1 Kg	3.74	
Sub total				936.60

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	54.00	180Kg bags	108.00
Bathing Soap	3.40	10 Tablets	34.00
Wash soap (Boom)	4.78	4x400g	19.12
Jelly (e.g. Vaseline)	10.88	1x500ml	10.88
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	50.00		50.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00
Sub total			1,447.00

Total for Basic Needs Basket

2,383.60

Totals from previous months	Jan 13	Feb 13	Mar 13	Apr 13	May 13	Jun 13	Jul 13	Aug 13	Sep 13	Oct 13	Nov 13	Dec 13	Jan 14
Amount (K)	-	-	1,522.74	2,043.44	2,185.72	2,131.54	2,109.28	2,099.39	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K55.00 – K100.00	Consultation Fee	
Grades 8-9 (User+PTA/year)	K250.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
		Fuel (cost at the pump)	
Transport (bus fare round trip):		Petrol (per litre)	K9.91
Tazara-Town	K6.00	Diesel (per litre)	K9.20
Location-Town	K6.00	Kerosene (per litre)	-
Kasama- Nakonde	K58.00-K65.00		

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN FEBRUARY

Lusaka	Kasama	Mansa	Ndola	Monze	Chipata	Kabwe
3,616.28	2,383.60	2,259.44	3,143.76	2,266.13	2,219.13	2,527.80

This survey was conducted on 28th February, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at NewTown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The February Basic Needs Basket is approximately US\$411 based upon an exchange rate of K5.8012 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

Jesuit Centre for Theological Reflection, P.O. Box 37774, 10101 Lusaka, Zambia
 Tel: 260-211-290-410 Fax: 260-211-290-759 E-mail: basicjctr@jesuits.org.zm Internet: www.jctr.org.zm
 Location: 3813 Martin Mwamba Road, Olympia Park, Lusaka

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Kasama February 2014 Basic Needs and Nutrition Basket Report

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