

JCTR BASIC NEEDS BASKET: CHOMA

October 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN CHOMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	66.43	2 x 25Kgs	132.86	
Beans	13.95	3 Kgs	41.85	
Kapenta (dry)	75.75	2 Kgs	151.50	
Bream, smoked	62.50	1Kgs	62.50	
Beef, mixed cut	25.50	4Kgs	102.00	
Dark green vegetable	2.30	4 Kgs	9.20	
Tomatoes	4.88	4 Kgs	19.52	
Onion, large	14.13	2 Kgs	28.26	
Cooking oil (2.5 Ltrs)	39.28	3 Ltrs	47.14	
Bread wheat, refined flour, baked	5.63	1loaf/day	168.90	
Sugar	17.58	6 Kgs	52.74	
Milk long life (500ml)	5.95	500 mL	23.80	
Tea, powder	19.84	1 Kgs	19.84	
Eggs	9.45	2units	18.90	
Salt	4.30	1 Kgs	4.30	
Sub total				883.31

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	54.00	2x 90Kg bags	108.00
Soap (Lifebuoy)	3.43	10 Tablets	34.30
Wash soap (Boom)	5.68	4x400g	22.72
Jelly (e.g. Vaseline)	13.84	1x500ml	13.84
Electricity (medium density - fixed)	301.37		301.37
Water & Sanitation (medium cost - fixed)	95.00		95.00
Housing (medium density - 3 bedroom)	1,200.00		1,200.00

Sub total **1,775.23**

Total for basic needs basket **2,658.54**

Totals from previous months	Sept 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14
Amount (K)	2,246.42	2,241.39	2,245.34	2,283.31	2,316.05	2,311.62	2,318.77	2,315.93	2,295.36	2,775.50	2,709.80	2,837.23	2,837.23

(C) SOME OTHER ADDITIONAL COST

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K180.00	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K750.00	Mosquito Net	K25.00
Grades 10-12 (User+PTA/year)	K1, 350.00	Malaria Tests (private)	K50.00
School Uniform	K320.00 – K450.00	CD4 count (private)	K50.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Shampande -Town	K8.00	Petrol (per litre)	K10.63
Macha Road-Town	K7.00	Diesel (per litre)	K10.01
Show grounds	K30.00	Paraffin (per litre)	K6.15

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN OCTOBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,635.83	2,612.90	2,103.46	1,972.76	3,153.69	3,172.54	2,281.83	2,276.99	2,034.08	2,901.06	2,607.66	3,007.93	2,819.96	2,658.54	2,046.92

This survey was conducted on 28th October, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Macha road market, Makalanguzu market, Kalukungu market and Spar. Additional information was obtained from ZESCO, the Southern Province Water and Sewerage Company and schools, clinics and houses around Choma. The October Basic Needs Basket is approximately **US\$419** based upon the exchange rate of **K 6.3495** per US\$ prevailing on the days of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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Choma October 2014 Basic Needs and Nutrition Basket Report

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