

JCTR BASIC NEEDS BASKET: KASAMA

October 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	70.20	2 x 25Kgs	140.40	
Beans	24.09	3 Kgs	72.27	
Kapenta (dry)	93.75	2 Kgs	187.50	
Bream, smoked	31.25	1Kg	31.25	
Meat mixed cut	30.00	4 Kgs	120.00	
Dark green vegetable	3.10	4 Kgs	12.40	
Tomatoe	6.60	4 Kgs	26.40	
Onion, large	7.40	2 Kgs	14.80	
Cooking oil (2.5 Ltrs)	35.40	3 Ltrs	42.48	
Bread wheat, refined flour, baked	5.56	1 loaf/day	166.80	
Sugar	16.00	6 Kgs	48.00	
Milk (long-life) 500ml	5.76	4x500ml	23.04	
Tea, powder (125g)	24.99	1Kg	199.92	
Eggs	9.87	2units	19.74	
Salt	3.70	1 Kg	3.70	

Sub total

1,108.70

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (90Kg bags)	62.25	180Kgs	124.50
Bathing Soap	3.13	10 Tablets	31.30
Wash soap (Boom)	6.90	4x400g	27.60
Jelly (e.g Vaseline)	10.80	1x500ml	10.80
Electricity (med. density - fixed)	225.00		225.00
Water & Sanitation (med. cost - fixed)	85.00		85.00
Housing (med. density - 3 bedroom)	1,000.00		1,000.00

Sub total

1,504.20

Total Basic needs basket

2,612.90

Totals from previous months	Sept 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14
Amount (K)	2,115.38	2,170.47	2,200.43	2,308.22	2,276.68	2,383.60	2,361.74	2,311.22	2,337.41	2,306.54	2,726.30	2,287.14	2,594.33

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	-	Consultation Fee	-
Grades 8-9 (User+PTA/year)	K200.00 – K451.00	Mosquito Net (pregnant / ↓5)	-
Grades 10-12 (User+PTA/year)	K735.00 – K3, 600.00	Lab tests (e.g., malaria)	-
School Uniform	K120.00 – K130.00	Monthly scheme (hospital)	K60.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Tazara-Town	K10.00	Petrol (per litre)	K10.63
Location-Town	K10.00	Diesel (per litre)	K10.01
Kasama- Nakonde	K58.00-K65.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN OCTOBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,635.83	2,612.90	2,103.46	1,972.76	3,153.69	3,172.54	2,281.83	2,276.99	2,034.08	2,901.06	2,607.66	3,007.93	2,819.96	2,658.54	2,046.92

This survey was conducted on 28th October, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Newtown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The October Basic Needs Basket is approximately US\$414 based upon an exchange rate of K6.3905 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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2014-10-30

Kasama October 2014 Basic Needs and Nutrition Basket Report

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