

JCTR BASIC NEEDS BASKET: LUANSHYA

October 2014

(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE IN LUANSHYA

Commodity	Kwacha	Quantity	Total	Kwacha
Mealie meal (breakfast)	65.83	2 x 25Kgs	131.66	
Beans	10.40	3 Kgs	31.20	
Kapenta (dry)	104.00	2 Kgs	208.00	
Bream, smoked	162.50	1Kgs	162.50	
Beef, mixed cut	31.17	4 Kgs	124.68	
Dark green vegetable	13.60	4 Kgs	54.40	
Tomatoes	20.33	4 Kgs	81.32	
Onion, large	21.50	2 Kgs	43.00	
Cooking oil (2.5Ltrs)	34.00	3 Ltrs	40.80	
Bread wheat, refined flour, baked	5.58	1 loaf/day	167.40	
Sugar	16.88	6 Kgs	50.64	
Milk, long life 500ml	5.88	500ml	23.52	
Tea, powder	5.25	1 Kgs	42.00	
Eggs	9.22	2 units	18.44	
Salt	4.97	1Kgs	4.97	
Sub total				1,184.53

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal	111.60	2x 90Kg bags	223.20	
Soap (Lifebuoy)	3.42	10 Tablets	34.20	
Wash soap (Boom)	5.22	4x400g	20.88	
Jelly (e.g. Vaseline)	13.58	1x500ml	13.58	
Electricity (medium density - fixed)	326.00		326.00	
Water & Sanitation (medium cost - fixed)	98.67		98.67	
Housing (medium density - 3 bedroom)	1,000.00		1,000.00	
Sub total				1,716.53

Total for basic needs basket

2,901.06

Totals from previous months	Sept 13	Oct 13	Nov 13	Dec 13	Jan 14	Feb 14	Mar 14	Apr 14	May 14	Jun 14	Jul 14	Aug 14	Sept 14
Amount (K)	2,209.06	2,226.10	2,205.85	2,316.29	2,158.93	-	2,373.32	2,567.55	2,682.22	2,625.35	2,670.48	2,746.31	2,901.91

(C) SOME OTHER ADDITIONAL COSTS

Item	K	Item	K
Education		Health	
Grades 1-7 (PTA+Project/year)	K80.00-K100.00	Consultation Fee	Free
Grades 8-9 (User+PTA/year)	K350.00-K400.00	Malaria Slide (Roan)	K10.00
Grades 10-12 (User+PTA/year)	K600.00	Mosquito Drugs (private)	K20.00
School Uniform	K200.00-K875.00	Fast track	K20.00
Transport (bus fare round trip):		Fuel (cost at the pump)	
Mpatamatu-Town	K13.00	Petrol (per litre)	K10.63
Roan - Kalala	K13.00	Diesel (per litre)	K10.01
New Town	K7.00	Kerosene (per litre)	K7.48

(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN OCTOBER

Lusaka	Kasama	Mansa	Mongu	Ndola	Solwezi	Monze	Chipata	Mpika	Luanshya	Kitwe	Kabwe	Livingstone	Choma	Chinsali
3,635.83	2,612.90	2,103.46	1,972.76	3,153.69	3,172.54	2,281.83	2,276.99	2,034.08	2,901.06	2,607.66	3,007.93	2,819.96	2,658.54	2,046.92

This survey was conducted from 28th October, 2014 by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at Mpatamatu Market, Buseko Market, Roan Market, Mikomfwa Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Kafubu Water and Sewerage Company and schools, clinics and houses around Luanshya. The October Basic Needs Basket is approximately US\$457 based upon the exchange rate of K 6. 3495 per US\$ prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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2014-10-30

Luanshya October 2014 Basic Needs and Nutrition Basket Report

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